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Vol. 15, No. 1

From the Beaches to the River District downtown Fort Myers

JANUARY 8, 2016

Friends Of The Arts Concert Series

In keeping with its goal to promote all forms of art on Fort Myers Beach, the Friends of the Arts plan five distinctive musical performances this winter season. The concerts are sponsored by the not-for-profit arts organization and held at the waterfront staging area on the bay, hosted by Fish Tale Marina on Fort Myers Beach.

The series begins on Friday, January 15 with Glen Leonard, former lead singer of the world-famous Motown group the Temptations, presenting *Hitsville Live*. Joining the Temptations in 1975 as the new lead singer, Leonard performed with the group until 1983. He sang on 10 albums with the group and appeared on television specials worldwide. He was inducted into the R&B Music Hall of Fame in 2013.

He is most noted for songs such as, *I'm on Fire*; *Go for It*, *The Best of Both Worlds*, *Eyes*, *Ever Ready Love* and the Christmas classic, *Silent Night*, from the Christmas album.

In 2002, Leonard decided to reunite some of the former members to share the history. His current group has a long history with him and a variety of national recording groups.

The concerts will take place from 7 to 9 p.m. Tickets are \$25 per concert, tax deductible as donations to the Greater Fort Myers Beach Friends of the Arts.

Future concert performances include Al Holland and Friends, the Florida Southwestern State University Brass Band, the Jazz-Matics featuring Lynn Richardson and Jo List and Friends.

Tickets may be purchased at www.friendsoftheartsfmb.com or in person at Fish Tale Marina, 7225 Estero Boulevard, Fort Myers Beach. For more information, call 463-3600.✴



Glenn Leonard



Two knights competing in performance combat

photo courtesy of www.EloquentImaging.com.

Riverdale Kiwanis Medieval Faire To Begin January 16 At Lakes Park

The Riverdale Kiwanis Club will hold its annual Medieval Faire the weekends of January 16 and 17 and January 23 and 24 from 9 a.m. to 6 p.m. at Lakes Regional Park in Fort Myers. The two-weekend event is expected to draw more than 15,000 attendees.

The medieval faire will feature jousting, a live chess match, a wheel-of-death entertainer, live sword fighting, royal court, children's games, jugglers, magicians, minstrels, period food and medieval-themed merchants. Entertainment will be provided by touring medieval faire professionals.

Tickets will be available the day of the faire. Adult tickets are \$15 and children's tickets (ages 4 to 11) are \$5. Free onsite parking is available.

All profits from the medieval fare go to the Kiwanis of Riverdale Foundation Fund to support local programs including Thanksgiving baskets for the needy, Christmas dinners, Buckingham Exceptional School, Lehigh Elementary School, Sunshine Elementary,

continued on page 7



Seafaring canines and their owners can take a cruise along the Caloosahatchee with Pure Florida during Bark on the Ark cruises



Pure Florida guests are invited to bring their dogs aboard the M/V *Edison Explorer* for a special Bark on the Ark sightseeing cruise to Picnic Island

Boat Ride Offered For Dogs

Pure Florida's Fort Myers location is presenting Bark on the Ark on Saturday, January 23 from 8 to 11 a.m. Guests will have the opportunity to bring their dogs aboard the M/V *Edison Explorer* for a sightseeing river cruise to Picnic Island, located between Sanibel and Pine Island that exhibits the natural beauty of Southwest Florida.

continued on page 19



A harp musician entertains at the faire

Historic Downtown Fort Myers, Then And Now:

Strasbaugh's



by Gerri Reaves, PhD

Pictured in this circa-1964 photograph is Strasbaugh's Marine on Palm Beach Boulevard, just east of Billy's Creek.

It was one of several boat-related businesses in "East End" (aka East Fort Myers) that contributed to the neighborhood's thriving marine economy that existed for most of the 20th century.

In the 1950s, Strasbaugh's had been located at Anderson Avenue (now MLK Boulevard) and later on Hendry Street.

The shop sold outboard motors and boating accessories, radios and televisions, and home appliances and installed and repaired both televisions and radios.

By the mid-1960s, it had relocated to the location pictured here, at the foot of Isabelle Street, and was called Strasbaugh's Marine.

At that time, the area east of Billy's Creek Bridge still retained the industrial feel that took hold in the late 19-teens and early 1920s.

Marine sales and repair and boat-building were major businesses in that part of town, the largest, perhaps, being the historic Daniels Brothers Boatworks, which lay along the riverfront east of the creek. Other marine businesses were located in the vicinity.

By the time the East End was annexed by the City of Fort Myers in 1925, it already had a substantial residential population and a well-established commercial district centered near Superior Street.

So prosperous was East Fort Myers in the 1920s that it was expected to over-take downtown Fort Myers as the main commercial center. Assets in its favor included the first bridge over the Caloosahatchee River (1924), the Seaboard Air Line depot (1927), the modern Edgewood School (1924), Citizens Bank (1926) as well as a host of businesses, including boat-building and machine shops.

However, the Hurricane of 1926 and the Great Depression ended the big hopes for the East End.

In recent years, the construction of high-rise condominiums has transformed the historic neighborhood, but the former Strasbaugh's Marine building is one of several reminders of the boating economy once focused around Billy's Creek.

Not long after this photo of Strasbaugh's was taken, roofing and carpet businesses briefly occupied the large structure, but it soon became a marine business again. Today, it is a church.

Explore the east side of town and contemplate the boat-related businesses that helped build the city during the 20th century.

Then, visit the Southwest Florida Museum of History at 2031 Jackson Street, where you'll find exhibits on Fort Myers's historic ties to boat-building, fishing, transportation, and water recreation.

For information, call 321-7430 or go to swflmuseumofhistory.com. Museum hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Don't forget to visit the Southwest Florida Historical Society's research center for more historical adventures.

The all-volunteer non-profit organization is at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

The center is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. Call 939-4044 or visit swflhistoricalsociety.org for more information.

Sources: Archives of the Southwest Florida Historical Society.✧



Today, the "East End" building is a church

photo by Gerri Reaves



Strasbaugh's Marine, pictured circa 1964, was located on Palm Beach Boulevard near Isabelle Street
courtesy Southwest Florida Historical Society

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The Lab Theater is located at 1634 Woodford Avenue in the historic Kiwanis Hall

Fort Myers Art:

Stories For Adults At Lab Theater On January 11

by Tom Hall



Periodically throughout each season, Lab Theater invites speakers to share their knowledge about a variety of arts-related subjects with its season ticket holders and other guests. For 2016, Lab Theater has two speakers' events scheduled. The next one takes place on January 11. It's called Stories For Adults

with Dr. Sidney Simon.

We all have stories to tell. You don't have to be a professional storyteller. The sweetest ones are the ones that come out of real life – stories that have a point and help make this a better community in which to live for all the rest of us. Join Dr. Sidney Simon as he demonstrates that idea, and then, if the stories he tells stimulate something in your life's memories, you might get called on.

Stories For Adults takes place at 7 p.m. on Monday, January 11 inside Lab Theater in the downtown Fort Myers' River District. Admission is just \$5 or free for season ticket holders. Call 218-0481 or go to www.laboratorytheaterflorida.com.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.**



Three Amigas by Don Nedobek

Rotary Club Of Cape Coral Festival Of The Arts This Weekend

The Rotary Club of Cape Coral will be holding its 31st annual Cape Coral Festival of the Arts from 10 a.m. to 5 p.m. on Saturday, January 9 and Sunday, January 10.

As one of Southwest Florida's largest art shows, this annual art festival showcases

the works of more than 300 juried artists and artisans featuring fine art, sculpture, pottery, jewelry, photography, metal works and mixed media. The festival takes place on Cape Coral Parkway in downtown Cape Coral between Del Prado Boulevard and Vincennes Street. Free admission and parking will be provided along with area's largest collection of art, food and fun for the whole family.

This year's official event poster artist is Don Nedobek. Nedobek is best known for his whimsical and colorful paintings of animals and his use of acrylic, enhanced with pen, ink and colored pencils. His work is featured as fine art and prints as well as in children's books, calendars and a host of other products. Nedobek has been a part of the Cape Coral Festival of the Arts since its inception over 30 years ago and has been the poster artist for many art festivals, non-profits and other organizations. Festival attendees are encouraged to stop by his booth across from the Holiday Inn. Nedobek's work can be viewed by visiting nedobek.com.

The 2016 festival sponsors include: The Beaches of Fort Myers and Sanibel, Lee County Tourist Development Council, Cape Coral Community Redevelopment Agency, City of Cape Coral, GEICO, Destination Boat Clubs, Waste Pro, The News-Press, NBC-2, CapeCoral.com, Lamar Advertising, Intergraphic Creative Group, Pavese Law Firm, Wonderland Realty, Direct Impressions, Advanced Roofing and Sheet Metal, Premier Wellness Group, and *Happenings Magazine*.

Volunteers are needed. Sponsorship opportunities are still available. For more information, call 699-7942 or visit the website at CapeCoralFestival.com.*

American Legion Post 274 Events

On Friday, January 8, Kiwanis Club meets for breakfast at 7:30 a.m. Guest may choose between a fried fish/shrimp/crab cakes/New England clam chowder dinner or baked chicken dinner. Harry Boyle plays from 7:30 to 10:30 p.m.

On Saturday, January 9, the Pool League plays at 1 p.m. Queen of Hearts starts at 7 p.m. Choose either a prime rib or a baked fish dinner. Harry Boyle plays from 7:30 to 10:30 p.m.

On Sunday, January 10, a breakfast buffet is served from 8:30 to 11 a.m. Bingo runs from noon to 3 p.m. Dinner menu to be determined. Karaoke with Susie is held from 6 to 10 p.m.

On Monday, January 11, the Pool League plays at 6 p.m. There is an Auxiliary meeting starting at 6:30 p.m. Post roast dinner will be served.

On Tuesday, January 12, choose from fettuccine alfredo with 25 shrimp or a fried chicken dinner. Mega-Money is at 6:30 p.m. The Gregg Allan Van Show plays from 7 to 10 p.m.

On Wednesday, January 13, Bingo is continued on page 17

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Employees at Edison Ford Estates with some of the food they collected

Edison Ford Staffers Donate Food

Edison & Ford Winter Estates employees donated more than 100 pounds of food to the Harry Chapin Food Bank of Southwest Florida. The food was collected during the annual staff holiday luncheon.

Employees wanted to give back to the community and help people in need, so they collected food for a group donation.

The food bank helps feed thousands of hungry people in Lee Charlotte, Collier, Glades and Hendry counties every day and is always in need of donations. For more information, call 239-334-7419 or visit www.edisonfordwinterestates.org.

World Wine Tour Benefits Ronald McDonald House

Myers Brettholtz & Company presented the 8th annual World Wine Tour at Bell Tower Shops on November 5 benefiting Ronald McDonald House Charities of Southwest Florida. More than 300 wine lovers enjoyed 20 outstanding domestic and international wines selected by Cru Executive Chef Bob Boye while enjoying a taste of Bell Tower Shops restaurants, including a sneak peek of the cuisine from HaVen. Guests were treated to the sounds of Patchouli DuoDuo while enjoying the ambiance of the Bell Tower



Heidi Frederic and Rhonda Blakely with Laura and Bruce Ragain

Shops holiday lights.

For more information about Ronald McDonald House Charities of Southwest Florida, visit www.rmhcswfl.org, www.facebook.com/RMHCswflorida and www.twitter.com/rmhcswfl.39.

Volunteer Opportunities Open At Edison & Ford Winter Estates

On January 12 at 10 a.m., Edison & Ford Winter Estates will hold it's monthly volunteer meeting to talk about current volunteer activities, needs and openings. Dr. Richard Wallace, consultant to the rubber project at Edison Ford and organic chemistry professor at Armstrong State University, is the guest speaker. He has worked with this project for the past eight years and is responsible for the nomination and designation of the Edison Botanic Research Laboratory as a National Historic Chemical Landmark.

Wallace has been involved with restoration of the Edison Botanic Research Laboratory since 2009. He provided guidance with placement and interpretation of historic chemical equipment, assisting with analyzing original lab documents and in explaining the complicated chemical processes taking place inside the laboratory to the general public. As a college professor, he is skilled at hands-on chemistry demonstrations and will show some related experiments.

Volunteer placements at Edison Ford include education and tour docents, museum docents, information booth, gardens, garden shop, office work, phones and retail shops. There are currently more than 250 active volunteers.

The meeting will be held in the Water Management building at 2301 McGregor Blvd. in Fort Myers. For more information, call 334-7419 or visit www.edisonfordwinterestates.org.

Wednesday Programs

Snowbird beach resident Suzanne Ziemer will appear in a video presentation at a Community Wednesday program on January 13 starting at 7 p.m. at the Unitarian-Universalist Church of Fort Myers, 13411 Shire Lane (just off Daniels Parkway).

The video shows a young Suzanne winning \$25,000 on *Name That Tune* in 1957. Come watch her present Wisconsin cheese to the emcee, and her partner, a barber from New Jersey, adds

to the excitement. A marriage proposal also takes place. You'll enjoy this walk down memory lane. The event takes place in Hobart Hall, and follows a 6 p.m. light buffet. Tickets are \$5 and the screening is open to the public.

Another eventful program will be presented on January 20, at the same site, same times. Author and mental health advocate Deena Baxter will speak on *Driving Like Crazy in Search of Normal*. Baxter developed her presentation when her personal world spun off its axis after a sudden loss. She includes heartache, healing and humor, plus helpful tips for coping with loss of any kind. Handouts will be available.

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The Mound House and boardwalk

Explore History And Nature At Mound House

Mound House on Estero Island, where the island's oldest standing structure sits on an ancient Calusa Indian mound, has a slate of educational programs for all residents and visitors in January.

Learn about the local environment, garden and landscape cultivation, and

tool-making techniques of the Calusa, who relied solely on the area's natural resources 2,000 years ago to craft their daily implements. Follow in the Calusa's footsteps with a paddle amongst the mangrove-fringed barrier islands, part of the Calusa Blueway.

Guided beach walks are free of charge, departing from Newton Park, 4650 Estero Boulevard; metered parking is on site.

CALENDAR OF EVENTS

January 12: 9 to 10 a.m. – Guided Beach Walk at Newton Park, free



A sea star found on a beach walk

11 a.m. – Calusa Cuisine Tour, \$5 (members free)

2 p.m. – Calusa Cuisine Tour, \$5 (members free)

January 13: 9:30 a.m. -12:30p.m. – Guided Kayak Eco-Tour, \$45 (reservations required)

January 16: 9:30 a.m. -12:30 p.m. – Guided Kayak Eco-Tour, \$45 (reservations required)

January 19: 9 to 10 a.m. – Guided Beach Walk at Newton Park, free
9:30 a.m. to noon – Caloosa Carvers demonstration, free

11 a.m. – Mound House Gardens Tour, \$5 (members free)

2 p.m. – Mound House Gardens Tour, \$5 (members free)

January 20: 9:30 a.m. to 12:30

p.m. – Guided Kayak Eco-Tour, \$45 (reservations required)

January 26: 9 to 10 a.m. – Guided Beach Walk at Newton Park, free

11 a.m. – Natural History Tour, \$5 (members free)

2 p.m. – Natural History Tour, \$5 (members free)

January 27: 9:30 a.m. to 12:30p.m. – Guided Kayak Eco-Tour, \$45 (reservations required)
engaging and informative walk along the Mound House grounds educates participants about many of the over 100 plants and trees from Florida and around the globe that have influenced human history.

NATURAL HISTORY OF FORT MYERS BEACH: Learn about the changes of wildlife diversity on Estero Island dating back from the Calusa, 2,000 years ago to today.

The Mound House is a cultural and environmental learning center at 451 Connecticut Street, Town of Fort Myers Beach. Museum hours January through April: Tuesday through Saturday, 9 a.m. to 4 p.m.

The grounds are pet-friendly and open daily from sunrise to sunset. Available for special event rental. Parking is free.

For kayak tour or group tour reservations, call 765-0865; for more information, log onto moundhouse.org or call 765-0865 ✱

Our email address is press@riverweekly.com

Bark For Life Dog Show Is January 16 At Gulf Harbour

The annual Grande Cay Bark for Life Just for Fun Dog show will be held on January 16 in the Grande Cay neighborhood of Gulf Harbour, located just off McGregor in south Fort Myers. All proceeds go to the American Cancer Society.

Interested in showing off your dog? There are 10 Just for Fun Bark for Life categories:

- Best Costume Adult and Dog
- Best Costume Child and Dog
- Best Trotter
- Waggiest Tail
- Best Smile
- Best Trick
- Best Kisser
- Best Biscuit Catcher
- Fastest Sit Down
- Bad Hair Day

Dogs can be entered in any two categories. Registration starts at 10 a.m. with the grand parade around the Grande Cay circle at 11 a.m. There is no registration fee, but tax deductible donations are welcome.

Judging begins after the parade. Once



Dressed up dogs

again this year, Mike Newes will be the Master of Ceremonies with his "dog-eared" jokes to entertain the crowd.

In addition to the dog show, attendees can search for treasures at the Neighborhood Marketplace; bid on items in the silent auction; purchase home-baked dog goodies for pets or custom cupcakes for family and friends; participate in the 50/50 raffle; eat hot dogs with all the trimmings; and do some early Valentine's Day shopping at several other displays and booths.

There will also be a demonstration of obedience training and another demonstration by the Lee County Sheriff's Department K9 unit.

Event organizers include Kathy Newes, Nancy Chapman, Nancy Collins and Laura Maxamovich. For more information, contact Newes at 410-5696 or Collins at 481-8378.✱

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Female Pioneers of Fort Myers
Women Who Made a Difference in the City's Development
 By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Geri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

The Calendar Girls Sponsor New Southeastern Guide Dogs Puppy



The Calendar Girls celebrate sponsoring guide dogs for veterans

The Calendar Girls closed out 2015 celebrating the sponsorship of their 16th Southeastern Guide Dog puppy, Ranger. The girls wish to thank the generosity of Southwest Florida for their support over the past 10 years. For more information, visit www.calendargirlsflorida.com or www.guidedogs.org.

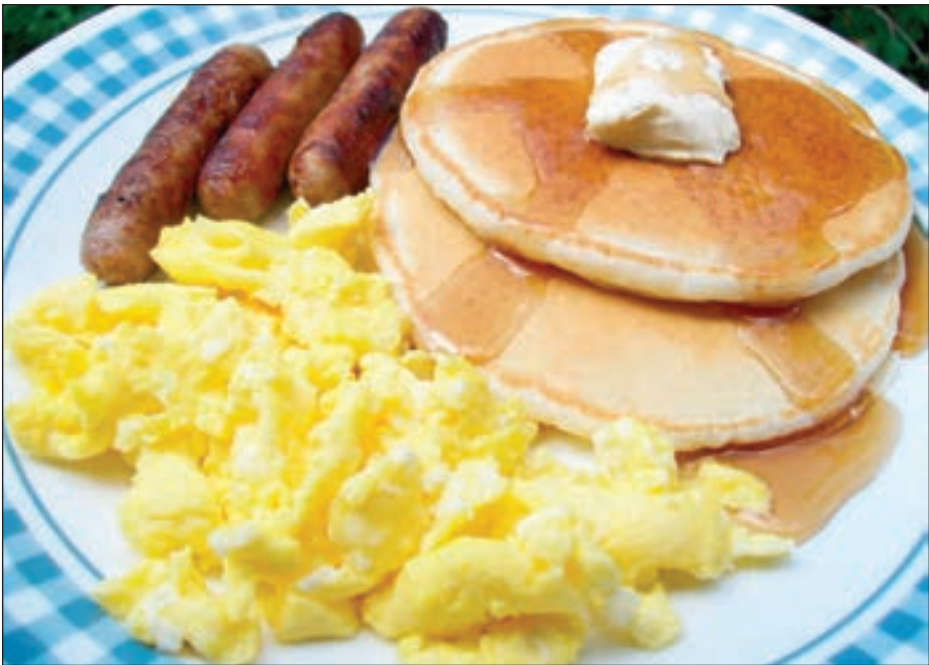


The 58th Fort Myers Beach Lions Shrimp Festival is March 12 and 13

Online Orders For Festival Gear And Shrimp Dinners Now Open

The Fort Myers Beach Lions Club has announced the events schedule for the 58th Fort Myers Beach Lions Shrimp Festival, returning on March 12 and 13. Expanded events and the return of the Kids Shrimp Beach Run are in the final planning stage and will be announced soon making this year's festival even bigger and better. As always, the Matanzas Bridge will close at 9 a.m. on Saturday to allow the parade to pass.

Applications for vendors, parade entrants, and queen contestants as well as festival information and gear can be found online at www.BeachShrimpFestival.com.



Pancake Breakfast At Bayside

On Sunday, January 10, the Bayside Men's club hosts its monthly pancake breakfast from 8 to 11 a.m. in the Bayside Recreation Hall. Enjoy all-you-can-eat pancakes,

scrambled eggs, sausages, coffee and orange juice for the cost of \$5. For only \$2 more, get a made-to-order omelet. Mark your calendar for the upcoming pancake breakfasts to be held on February 14 and March 13.

Bayside Estates is located off San Carlos Boulevard, just south of Pine Ridge Road; signs are posted at both entrances. For more information, call Ken Wescoat at 609-226-9955.

Since the parade route will be under construction, the route has been changed. The parade will be staged from Bowditch Point Park at the north end of the island and will end at the festival grounds at the foot of Matanzas Bridge.

"Since the Beach Lions have had an enormous increase in eye surgeries and eye cases this past year we are hopeful the events will result in more funds raised to accommodate the needs of our community," said Lion President Fred Schmeising. "100 percent of all Lions profits from this event are returned to the community services including scholarships, eye related needs, and many other community based assistance the Lions provide."

Each year, many visitors and vacationers plan their visits to the beach just to attend this unique and fun celebration of our islands largest industry. The event is always held during the second full weekend in March.

Golf Shirts, caps, T-shirts, tank tops, spaghetti strap shirts, and shrimp dinner tickets are now ready for delivery online at www.BeachLionsFoundation.com.



2016 Shrimp Fest gear is now available online

Read us online at IslandSunNews.com

Yappy Hour Pet Lookalike Contest

The Gulf Coast Humane Society (GCHS) will celebrate the New Year this Friday, January 8 from 6

to 8 p.m. during Yappy Hour at the Bell Tower Shops, Fort Myers.

The public is invited to attend with their furry friends for a pet/owner lookalike contest with a special prize for the winner.

T-shirts will be offered for sale and 100 percent of the proceeds will benefit

the shelter. A variety of vendors will be in attendance for the evening's festivities, which will include music provided by the Bell Tower Shops.

Gulf Coast Humane Society, located at 2010 Arcadia Street in Fort Myers, only takes in owner surrendered animals and transfers from other shelters and rescue

groups with a high success rate of adoptions. Its veterinary clinic is open to the public and offers a full array of affordable services six days a week.

For more information call 332-0364 or visit www.gulfcoasthumanesociety.org.



Bill and Nancy Merriam with Betsy Alderman and Neil LeClair

Love Your Neighbor Fundraiser

Love Your Neighbor, an annual fundraising event featuring Norman Love Confections and Mark Loren Designs, will be held on Tuesday, January 26 from 7 to 10 p.m. at the riverfront Gulf Harbour home of Sonja and Stephan Burkard.

Guests will enjoy fine wine and spirits and an assortment of culinary creations from local restaurants. Live and silent auction items will be offered and all proceeds will benefit the School Success programs for at-risk children in the Harlem Heights Neighborhood. \$250,000 was raised at last year's event. Upgrades and VIP sponsorships that include the exclusive VIP pre-party are available.

"We believe it is important to support our neighbors in the Harlem Heights community," said hosts Sonja and Stephan Burkard. "The Heights Foundation's mission is to build strong, self-sufficient families and education is the

key to their success."

"Our School Success program includes academic tutoring, after school and summer camp programs, scholarship and college access assistance, school supplies, and tuition support," added Kathryn Kelly, president and CEO of The Heights Foundation. "Each program is geared to meet the specific needs of children and young adults who seek to further their education. The Gulf Harbour community has been very supportive of the Heights Foundation and we appreciate the Burkards opening their home for this important fundraiser."

Tickets are now on sale for \$200 each and space is limited. Upgrades that include an exclusive pre-event VIP party are also available. Purchase tickets at www.heightsfoundation.org/lyn or call Karen Lesza at 482-7706.✴

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From page 1

Kiwanis Medieval Faire



Barely Balanced professional acrobats perform at the Riverdale Kiwanis Medieval Faire.



A family takes a horseback ride at the medieval faire

Riverdale Key Club, school grants and scholarships and various other East Zone school-related projects.

For more information, visit www.Medieval-faire.com. For group ticket information, call Sandy Wheeler after 5 p.m. at 369-6881.✴



Owen and Linda Glantz



Kathryn Kelly and Victor Mayeron



Elaine Hawkins, Vickie Pitbladdo and Georganne Williams

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Along The River



The Amernet String Quartet performs on Friday at the Sidney & Berne Davis Art Center photo courtesy of So-Min Kang Photography

Music is in the air around Lee County. On Friday, January 8, the **Sidney & Berne Davis Art Center** presents the **Amernet String Quartet** as part of its Chamber Concert Series. Cocktails are at 7 p.m. The performance begins at 8 p.m. Tickets are \$25 in advance or \$30 at the door. Praised for their “intelligence” and “immensely satisfying” playing by the *New York Times*, the Amernet String Quartet has garnered recognition as one of today’s exceptional string quartets and are ensemble-in-residence at Florida International University in Miami. Their sound has been called “complex” but with an “old world flavor.” *Strad Magazine* described the Amernet as “...a group of exceptional technical ability.” The group includes Misha Vitenson, violin; Tomas Cotik, violin; Michael Klotz, viola; Jason Calloway, cello.

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The Bugtussle Ramblers are one of the featured bands playing in the Alliance for the Arts' Bluegrass in the Theatre show on Sunday

The Sidney & Berne Davis Art Center is located at 2301 First Street, Fort Myers. Call 333-1933 or go to www.sbdac.com.

What better place to enjoy live music than on the beach? Every Friday and Saturday nights, music lovers gather at Times Square on Fort Myers Beach for the free **Sunset Celebration** series of concerts. Sunset Celebration provides a great opportunity to hear local bands in a spectacular setting. It is held every Friday and Saturday from 5 to 10 p.m., weather permitting. The concerts are free to the public.

Friday, January 8 features music by popular local band High Tide, which plays an unusual and refreshing collection of popular music covers: reggae, classic rock, alternative rock, R&B and funk. On Saturday, it's Everrock.

For more information about Sunset Celebration, call 463-5900.

Also on Saturday, All Faiths Unitarian Church presents a **Live Acoustic Americana Concert featuring Heather Pierson**. Joe Virga opens. Doors open at 6:30 p.m. and show starts at 7 p.m. Cost is a \$10 to \$15 donation.

The ACMA provides a venue for nationally touring artists, many award winning performers in the national and international Americana/folk community. It offers year-round shows in a small, intimate setting. Every show includes a meet- and-greet the artist session.

Although ACMA's concerts are held at All Faiths, the music it presents is strictly secular, in acoustic-based categories like Americana, folk, roots and blues.

All Faiths Unitarian Church is located at 2756 McGregor Boulevard, Fort Myers. Call 691-4069 or go to www.americanacma.org.

The first **Downtown Bike Night** of the year is on Saturday, January 9 in the historic Fort Myers River District. The event is free to the public.

See hundreds of motorcycles displayed along the downtown streets while listening to live bands from 6 to 10 p.m. Many restaurants will feature specials.

For more information, go to www.fortmyersriverdistrictalliance.com.

On Sunday, January 10, there's **Bluegrass in the Theatre at Lee County Alliance for the Arts** from 2 to 5 p.m. with Kindred Spirit, Pain in the Grass and the Bugtussle Ramblers.

Join fellow acoustic music lovers in the Foulds Theatre for three hours of great live music by bands from Southwest Florida and beyond. It is presented in partnership with the Acoustic Music Society of Southwest Florida (www.Palmgrass.org). Seating is first come, first served. Tickets are \$8 or \$6 for Alliance members.

Alliance for the Arts is located at 10091 McGregor Boulevard, Fort Myers near Colonial Boulevard. Call 939-2787 or go to www.artinlee.org.

Also on Sunday, **Shell Point Retirement Community** presents **Season of Praise: Tim Zimmerman & The King's Brass** at 6:15 p.m.

Add some excitement to the New Year with a performance of classic hymn arrangements with a contemporary flair. The King's Brass unites three trumpets, three trombones, a tuba, percussion, and keyboards to create innovative worship for all generations. Formed more than two decades ago, the group is comprised of professional musicians from across the country who desire to use the instruments they love to lead others in praise and worship. Secular and sacred music critics alike applaud their concerts as "superb in every way" and "innovative and well played."

Tickets for Season of Praise are \$10 and can be purchased by calling 454-2147 or going to www.shellpoint.org/seasonofpraise.

On Thursday, January 14, Shell Point presents **Discover Beethoven, Eroica** at 7:30 p.m. at The Village Church Auditorium. Shell Point partnered with the Southwest Florida Symphony to offer this multimedia orchestral presentation conducted by Maestro Leif Bjaland. The orchestra will chronicle Ludwig van Beethoven's creative journey as he composed his first great symphonic masterpiece, *Symphony No. 3, Eroica*.

Tickets are \$25 and can be purchased by calling 454-2067 or going to www.shellpoint.org/concerts.

Shell Point is located at 15101 Shell Point Boulevard, Fort Myers.✧

FORT MYERS FARE

Dining From Downtown's Historic River District To The Beaches
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DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 10 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



Sanibel's Island Cow: Corona and crayons are a great combination

ISLAND COW

Where can you go when you're in the mooood for some great cook'in, local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with french doors leading out to the front and back

patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches. 2163 Periwinkle Way, Sanibel. Call 472-0606.

SS HOOKERS

Get hooked on great cuisine and spirits at SS Hookers. The restaurant pays tribute to the rich history of Punta Rassa, the home of big game fishing. It serves American cuisine with a Cajun twist. Waterfront dining is available daily for breakfast, lunch and dinner.

After a triumphant day of fishing, bring your catch to the restaurant: "If you hook it, our chef will cook it."

A late night bar features live music nightly. A fresh seafood market, bait shop and gifts are also on site.

17501 Harbour Pointe Drive, Fort Myers. Call 466-5377 (HOOKERS).*

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Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)
2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH
10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

ANNUNCIATION GREEK ORTHODOX CHURCH
8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation.fl.goarch.org, 481-2099

BETH SHILOH MESSIANIC SYNAGOGUE
15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

BREAD OF LIFE MINISTRIES CHURCH OF GOD
16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

CHABAD LUBAVITCH OF SW FLORIDA ORTHODOX
5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE
10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS
13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONGREGATIONAL CHURCH
1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH
2439 McGregor Boulevard, 334-8937 Reverend Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

CYPRESS LAKE BAPTIST CHURCH
8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRESS LAKE PRESBYTERIAN CHURCH
8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED METHODIST CHURCH
8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD OUTREACH MINISTRIES
6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to 12 available.

FAITH UNITED METHODIST CHURCH
15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST
2390 West First Street, next door to Edison Estates. 10:30 a.m. Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. christiansciencefortmyers.net, christianscience.com

FIRST CHURCH OF THE NAZARENE
13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH
Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers.org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION
5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST:
8210 College Parkway, Fort Myers. 482-3133. Philip White, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m., Adult Forum: 11:30 a.m.

IONA-HOPE EPISCOPAL CONGREGATION
9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

JESUS THE WORKER CATHOLIC CHURCH
881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH
2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

LAMB OF GOD CHURCH
A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www.lambofgodchurch.net. Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m.

Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embarkmail.com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers

NEW COVENANT EYES CHURCH
See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts.

NEW HOPE BAPTIST CHURCH OF FORT MYERS
16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESBYTERIAN CHURCH
3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org.

PEACE COMMUNITY CHURCH
Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. www.peacecommunitychurch.com.

PEACE LUTHERAN CHURCH
Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www.peaceftmyers.com, peace@peaceftmyers.com.

REDEEMER LUTHERAN CHURCH
3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.

RIVER OF LIFE ASSEMBLY OF GOD
21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

SAMUDRABADRA BUDDHIST CENTER
Meditation classes. Guided meditations, methods to relax body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www.MeditationInFortMyers.org.

SAINT COLUMBKILLE CATHOLIC CHURCH
12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973 Father Joseph Clifford. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m.; Sunday 7, 9, 11 a.m. and 5:30 p.m. Reconciliation Saturdays 12 noon and by appointment.

ST. FRANCIS XAVIER CATHOLIC CHURCH
2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

SAINT JOHN THE APOSTLE METROPOLITAN COMMUNITY CHURCH
3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN CHURCH & SCHOOL (LCMS)
3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT PETER LUTHERAN CHURCH
3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com.

Sunday services at 8:30 and 10:30 a.m.

SAINT NICHOLAS MONASTERY
Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www.saintnicholasmonastery.org.

ST. VINCENT DE PAUL CATHOLIC COMMUNITY
13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

SOUTHWEST BAPTIST CHURCH
16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednesday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE
16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. rabbi.barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE)
14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org.

THE NEW CHURCH
The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

UNITARIAN UNIVERSALIST CHURCH FORT MYERS
13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org.

UNITY OF BONITA SPRINGS
28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

UNITY OF FORT MYERS
11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness

WESTMINSTER PRESBYTERIAN CHURCH
9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. www.westminsterfortmyers.org

WORD OF LIFE CHURCH
2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH
7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Eductional Hour. www.zionfm.org✽



Pedro Che

Pianists To Perform Masterworks

Two talented Florida Gulf Coast University seniors will present masterpieces of the piano literature on Thursday, January 14 beginning at 7 p.m. at Chapel by the Sea Presbyterian Church on Fort Myers Beach.

Pedro Che will perform important works by Beethoven, Prokofieff and Liszt. Born in Trujillo, Peru, Che holds a full scholarship to FGCU and has distinguished himself by being chosen as the piano winner of the Young Artists Awards Competition sponsored by the Alliance for the Arts of Fort Myers, along with several other prizes.

Manuel Molina, from Lima, Peru, will perform classic works by Bach, Beethoven and Liszt. He will be joined by his teacher, Dr. Michael Baron, for a duet. The recipient of several piano competition



Manuel Molina

prizes, most recently he won second prize in the Christine Kefferstan National Piano Competition at West Virginia University competing against graduate students from major conservatories across the country.

This concert is free and open to the public; a free will offering is accepted. For more information, call 463-3173.*

Transportation Volunteers Needed

Dr. Piper's Faith In Action program is seeking senior volunteers to transport the elderly who need a ride to the doctor, dentist, pharmacy, dialysis or grocery shopping. Volunteers drive clients only when it fits in with their schedules, and are located in same ZIP code. The reward is in knowing you helped someone remain independent.

The program is in need of seasonal volunteers – January through April – in

all communities, especially the North Fort Myers and Cape Coral area. Make a difference in your community and put your time and talents to use.

For more information, call Leslie Jander at 332-5346 at The Dr. Piper Center for Social Services, Inc., 2607 Dr. Ella Piper Way in Fort Myers.*

Free Veterans Wellness Fair

On Saturday, January 16 from 9 a.m. to 3 p.m., the American Legion Melvin Cowart Post 274 and Estero Island Medical Care are hosting their annual Veterans Wellness Fair. The fair is free for Southwest Florida veterans and first responders.

Screening services are being offered in multiple fields: internal medicine; eye care; audiology; dermatology; radiology; orthopedics; dentistry; ultrasound; diabetic testing; immunizations; flu shots; physical therapy and fitness; home health care and assisted living care; Park Royal Hospital; mobile mammogram van; Lee Memorial Health System Bloodmobile; veterans' services; VA Clinic diabetes and smoking cessation counselor; and benefit counseling, Fort Myers Veterans Center.

The fair is open to all veterans, regardless of affiliation or not to any veterans organization. Notifications and fliers will be given to the local legions, VFWs and to the Little Club with enough time to inform their membership. Verification of veterans status may be required (i.e. DD 214, VA ID card, Military ID, or Florida Drivers license with "V"). All

those who visit will receive a screening, not a detailed, explicit exam or diagnosis. Doctors, physicians assistants, technicians and counselors will be available to counsel and/or make recommendations and referrals if requested and/or warranted. All consultations will be in as private an area as possible.

"We have great support of many of the local practitioners and other medical/physical vendors. Each participant has volunteered their time to evaluate any veteran or first responder that comes in. The fair is open to all Southwest Florida veterans and first responders, regardless if they are a member of the American Legion or not," said Bob Penta, adjutant and chairman of the Wellness Fair committee, American Legion Melvin Cowart Post 274. "This will be the third fair that we are hosting and we hope to continue for many more years. Last year, we had over 150 veterans come through for help."

Any participants in the bloodmobile will be eligible for prize drawings at the end of the fair. The Legion is providing free donuts and bagels in the morning, and with a free lunch to all those who take part in the Wellness Fair.

All providers are volunteering their time and expertise with no intention to supplement their business practices. They are doing this for the veterans and to help if possible.

The American Legion Melvin Cowart Post 274 is located at 899 Buttonwood Drive in Fort Myers Beach. For more information, call Bob Penta, adjutant, at 774-275-4060 or Mike Adcock, 2nd vice commander, at 463-6591 or send an email to legionpost274@aol.com.*

OBITUARY



CHARLES ALLEN NAVE JR.

Charles (Chuck) Allen Nave Jr., 65, won his heavenly prize on Monday, December 21, 2015 at his home on Sanibel Island after a bravely fought battle with ALS (Lou Gehrig's Disease).

He was born at Lee Memorial Hospital as the first son of Goldie (Button) and Charles Allen Nave, Sr. Chuck lived on Sanibel Island all of his life... a true island native. He treasured his childhood

years of growing up in the small, delightful island community. Chuck was the older brother to Curtis Nave and Yvonne Nave Rider. Over the years, Chuck gained another brother, his business partner and friend, Roger Tabor (wife Sheila). He graduated from Cypress Lake High School where his love for sports was first fueled playing football, basketball and baseball, including obtaining many special sports honors. He graduated from Edison Community College and attended Stetson University. He followed his father's footsteps becoming a state-licensed master plumber. Chuck dedicated himself to the family owned and operated business of 67 years, Nave Plumbing on Sanibel.

In 1971, Chuck married his high school sweetheart, Barbara (McGoon). They have three sons, Charles Allen Nave III (Amber), Chet Douglas Nave (Nelle) and Chip Daniel Nave (deceased as an infant). He is affectionately known as "Poppy" by six wonderful grandchildren, Tabitha, Abbygail, Rachel, Chase, Ethan and Jack. He was also highly regarded by them to be a generous and kind man who greatly loves God. He also "laid down his life for the sake of his wife" and passionately encouraged her to become a pastor. Chuck is also "famous" as Uncle Chuck or Poppy Chuck by his nieces, nephews, and the grand nieces and nephews. Family was a priority.

Chuck was known for his love and active participation in sports. He helped build the first softball field on Sanibel. He

helped to organize Roy Hobbs Baseball in the local area, always being one of the most enthusiastic players on the field. Chuck was recently recognized as the first Ambassador for Amateur Baseball by the Roy Hobbs organization for his devotion to the game locally and bringing baseball training to the youth of Moldova through Moldova for Christ ministry.

He had a strong sense of "community" and served as a volunteer on the Sanibel Fire & Rescue Squad for many years. He was greatly known for his passionate beliefs in the national political arena as well. Chuck's strong faith and love for His God was lived out passionately through his membership in Sanibel Community Church. Chuck spent his first Easter and Christmas at SCC. Chuck helped to organize Sanibel's faith community's first Easter Sunrise Service. He played guitar and sang on the Praise Team. He was a LOGOS teacher for middle school and high school students. He established the first Youth Mission Team taking students to Mount T.O.P. in the Cumberland Mountains of Tennessee for a number of years. He served many summers taking students to mission trips in Costa Rica, Ecuador, Russia and Moldova. Chuck inspired the early years of Sanibel Community Church's participation in the island Luminary Night by building the first Living Nativity on the church lawn. He served for an additional 20 years creating the beautiful Christmas light displayed through the Christmas

season. He was also passionate to share the story of America's Godly heritage with students here at Sanibel Community Church, Moldova and anywhere else The Lord sent him. After launching his role in Starry Starry Night at SCC, Chuck also became "famous" around the world for his Elvis impersonation.

Chuck has always been a man of integrity, honor and a loyal and true friend. He gave his whole heart to anything in which he got involved. He was a man whom many depended on, yet ALS disease made him a man dependant on others. We will remember him all for his knowledge of a vast variety of subjects and his love to converse with people. He was a most interesting man! He has blazed a legacy for the generations that follow him as a man of God. His love and faith always "spoke" volumes. He was a precious jewel. A man who lived fully devoted to the amazing transforming Grace of God.

There will be a Celebration of Life Service at Sanibel Community Church, 1740 Periwinkle Way on Sanibel on Saturday, January 9 at 2 p.m. His family has been so blessed by the support they have been given on this difficult journey by family, friends and neighbors. Donations given to honor his life can be directed to Sanibel Community Church at 1740 Periwinkle Way, Sanibel, FL 33957 or "Moldova for Christ" in care of Mitch Pezzi, 5115 Joelwood Drive, Sanibel, FL 33957.*

First Cold Front Of The New Year



by Capt. Matt Mitchell

After weeks and weeks of above average temperatures, the first real cold front of the new year passed through at the end of the long Christmas holiday

week. Timing of this cold front did little to dampen what was just outstanding weather to be out spending time on the water enjoying 80 degree-plus Florida-style Christmas conditions. The cooler temperatures and rain were the first real weather events we've had in what seems like several months, and after a couple of cooler days, temperatures are forecast to quickly rebound.

Spring-like conditions and southerly winds had both the snook and redfish fooled into believing it was spring. Action on both species was crazy at times, although the snook bite was as

good as I can ever remember it for late December/early January. Even during the periods of really slow moving tides, snook responded to live shiners and came out to play. Finding good redfish action came close to home while working wind blown shorelines around the southern end of the sound during the higher tide periods. Just about everywhere I fished also produced keeper-sized mangrove snapper along with jacks, trout and ladyfish.

Fifty-plus snook trips have been pretty normal, with lots of smaller snook in the mix. Bigger snook have been a little harder to come by, although during most trips my clients have either had shots at or landing much bigger snook. Creek mouths and open water mangrove islands have all been holding big numbers of snook. Target these snook in the deeper channels and deeper shorelines during the low water periods. When you locate them they have been stacked up, making for some crazy non stop catch-and-release action.

Redfish action has been more of a high water bite for me, although I caught a few while targeting snook on the lower tides. Several times this week during south winds, the tide got up much higher than the tide chart had



Wade Robert of Sanibel with a big redfish caught and released while fishing with Capt. Matt Mitchell this week

predicted and the redfish bite went off. Live shiners caught reds from as small as 16 inches all the way up to 30 inches, often right on the same shoreline. Understanding the right set up was the

key to find these reds; find a windblown shoreline with good moving current and the redfish were there, along with some of the bigger trout I have seen in quite some time.

After being spoiled with very consistent fishing action thanks to the unseasonably warm weather and same wind direction for the past several weeks, this cold front will certainly move the fish around some. Look for the best snook and redfish action on the back side of the cold front to be in the more sheltered creek areas and usual winter warmer water places for at least a few days. As water temperatures gradually heat back up, our fishing will quickly improve.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✱

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

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CROW Case Of The Week:

If You Care,
Leave It There

by Patricia Molloy

“Humans are always a young, wild animal’s last hope for survival, never its best hope,” stated Dr. Heather Barron, hospital director at CROW (Clinic for the

Rehabilitation of Wildlife). “A young animal should only be removed from the wild after all avenues to reunite it with an adult animal have been explored. If you care, leave it there!”

Last month, a baby Eastern cottontail rabbit (*Sylvilagus floridanus*) was brought to CROW even though it exhibited no signs of injury. The three- to four-week-old bunny was found alone and assumed to have been orphaned. No other history was available. It was quickly determined that the Eastern cottontail was perfectly healthy.

Baby animals are frequently brought into CROW by well-meaning citizens after they discover what they believe to be an abandoned nest. In the case of wild rabbits, a mother rabbit spends most of the day away from her nest to avoid drawing the attention of predators. If a nest looks

undisturbed and the mother is nowhere in sight, that is her plan. As skilled as the wildlife rehabilitators at CROW are, nothing can replace Mom’s tender loving care.

As Dr. Heather cautioned, “If you happen upon an abandoned bunny, leave it alone. If you have already moved the rabbit, place it right back where you found it. Mom will come back once or twice a day to check on her babies.”

Staff, students and volunteers work around the clock to feed the many baby birds, squirrels, raccoons, opossums and rabbits that are raised at CROW. It is critical that the youngsters are fed every one to two hours. By the time a round of feedings is completed, it’s time to start all over again.

If you do find an injured wild animal, call 472-3644 immediately. The highly-trained staff will happily advise you on what to do. If you find a bird or mammal after business hours, go to www.crowclinic.org and look under the *Found an Animal?* category for assistance and instructions. You may be advised to drop the animal off at one of nine domestic veterinarian clinics in Cape Coral, Fort Myers and Lehigh Acres that have partnered with the wildlife hospital. CROW volunteers make daily pick-ups excursions to these locations.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory



No one enjoys being weighed first thing in the morning (particularly *before* breakfast), but closely monitoring each patient’s weight helps the rehabilitators at CROW determine how well an animal is responding to treatment. This perfectly healthy Eastern cottontail arrived at CROW last month after possibly being “abducted” by a well-meaning human.

wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to

PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.*



Pure Florida’s Discover Matlacha Island Cruise will take passengers aboard the M/V Edison Explorer on January 16

Cruise And Discover Matlacha Island

Pure Florida invites guests aboard the M/V Edison Explorer to Discover Matlacha Island during a special cruise to Pine Island on Saturday, January 16 from 8 a.m. to 3 p.m. The day begins with a narrated cruise along the Caloosahatchee River and includes a guided tour of Matlacha Island. An old Florida fishing village, Matlacha Island is considered a “hidden gem” and is home to bright-colored art galleries, island boutiques, seafood restaurants and more.

During the Discover Matlacha Island Cruise excursion, guests will have the opportunity to experience the natural beauty of Southwest Florida along the Caloosahatchee River and on the island of Matlacha. Upon arriving to the island, guests will be taken on a Taste of Matlacha Walking Tour, guided by True Tours, learning about the island’s unique history and enjoying a sampling of signature delicacies. Upon conclusion of the tour, guests may enjoy lunch at their leisure and visit the nearby shops and galleries. Local attractions include the Lovegrove Gallery & Gardens, where guests can tour the whimsical gardens and meet well-known Matlacha Island artist Leoma Lovegrove. Following exploration, passengers can enjoy a peaceful return cruise on the M/V Edison Explorer.

Discover Matlacha Island Cruise tours are guided by Coast Guard-certified captains, also master naturalists, and highlight the history of the Caloosahatchee River and Matlacha Island. Registration for the tour is \$64 per person. Lunch can be included for



Pure Florida’s Discover Matlacha Island Cruise excursion allows guests to explore nearby shops and galleries on the island of Matlacha, including the Lovegrove Gallery & Gardens

an additional charge of \$12 per person. The M/V Edison Explorer departs from The Marina at Edison Ford, located at 2360 W. First Street in Fort Myers.

A complimentary bottle of water will be provided, and additional refreshments are available for purchase. Passengers are welcome to bring snacks aboard. Reservations are required. For more information, or to book your ticket, call 919-2965, email FortMyers@PureFL.com or visit www.PureFL.com.*

Topliff Named To President’s List

The honor roll lists for Graceland University’s 2015 fall term have been announced, and Krysten Topliff of Fort Myers has been named to the president’s list.

Graceland University students with a perfect 4.0 grade point average are named to the president’s list.*

WOW Festival Speaker Lineup



Mark Renz discusses some of his fabulous Florida Fossil Finds



Steve the Snakeman Masek shows an albino burmese python during his Invasive Exotics Presentation

Lehigh Acres Municipal Services Improvement District (LA-MSID) is hosting its 5th Annual Wings Over Water (WOW) Festival on Friday and Saturday, January 29 and 30 at Harns Marsh to help the public discover the beauty of Southwest Florida's water, land and wildlife.

The two-day, annual festival celebrates southwest Florida's natural resources and includes presentations from experts, an array of exhibits from local organizations, kids' activities, food, guided walks and a rubber duck race. Admission to the festival is free of charge.

LA-MSID's mission is to preserve and protect the water resources within its boundaries. In the early 1980s, ECWCD transformed the 578-acre farmland into an active stormwater facility, Harns Marsh, to filter water and reduce flooding to the Orange River. The water control structures have helped create a lush habitat for snail kites, limpkin and more than 160 species of animals. Harns Marsh is located in the eastern portion of Lee County located off of Sunshine Boulevard in Lehigh Acres.

"The WOW Festival showcases to the importance of LA-MSID's mission and provides a unique opportunity for community members to connect with local organizations and experience nature through an array of interactive experiences," said J. Nathan Stout, chairman of the LA-MSID board of commissioners.

On January 29, LA-MSID will host a presentation from 8 to 9 a.m. at Harns Marsh. Explore the history of Harns Marsh; learn about its water control features; and discover the flora and fauna. LA-MSID Manager, David E. Lindsay will discuss the future plans/development for Harns Marsh and the West Marsh. Admission is free; reservations are preferred. Visit www.eventbrite.com/e/wings-over-water-festival-presentation-harns-marsh-history-function-and-future-tickets-5760961190

The WOW Festival Community Day on January 30 has grown to include more vendors/exhibitors, a farmer's market, plant sale, kid's activities and more. A variety of on-site activities will be held from 9 a.m. to 2 p.m. including lectures from experts; exhibitions by wildlife and education-related organizations and businesses; farmer's market by Healthy Harvest; plant sale; the rubber duck races by Coldwell Banker Preferred Properties to raise fund for the American Cancer Society's Relay For Life event; food and beverage sales, children's activities, free blood pressure checks by the Lehigh Acres Fire and Rescue District; numerous educational exhibits by local organizations and businesses guided walks and viewing of various species of flora and fauna. In addition, Home Depot will be hosting a free children's activity to build birdhouses (while supplies last).

As a special addition this year, Mark Renz will host a special early morning walk on January 30 from 8 to 9 a.m. before the festival officially opens. The topic of the walk is How to be Yourself Behind a Camera. Before the walk, Renz will briefly discuss such topics as Overcoming Immaculate Clean Camera Syndrome, Timing Is Everything, Think Click, Anticipating Your Next Shot, Get There Early and Stay Late, Don't Over-think - Feel, and Zen Bonding with Your Camera. His photos have been published internationally in magazines,

newspapers and books. Samples of his Harns Marsh photos can be seen on Facebook at Friends of Harns Marsh or Florida Time Forgot. Admission is free and space is limited; reservations are required. Visit www.eventbrite.com/e/wings-over-water-sat-jan-30-early-morning-photography-walk-tickets-20278393220.

Festival Day Speakers include:

- Mark Renz, is a fossil guide and author of numerous books on Florida fossils. During his lecture, How to Find Fossils In Florida, he will discuss being prepared, knowing what to look for, having the right tools, keeping it safe and legal, preserving your finds, and offering scientifically significant specimens to the Florida Museum of Natural History so that current and future generations can learn from our discoveries. Curious what a giant ground sloth claw looks like? How about a tooth from a 60-foot long shark or a huge mammoth molar? If you're new to collecting vertebrate fossils samples will be on display. Mark is the author of five books including *Fossilizing in Florida* and *MEGALODON: Hunting the Hunter*. He and his artist wife, Maris, operate Fossil Expeditions guide service in Southwest Florida's rivers. Their website is FossilExpeditions.com.

- Steve "Snakeman" Masek will bring his live animal educational sessions back for another year. He introduces guests to a variety of invasive exotic animals that are threatening native populations of Southwest Florida animals through hands on presentations.

- Adrienne Diaz, Edible Landscape Seminars. Learn how to liven-up you landscape with edible plants. Diaz is a Certified Square Foot Gardening Instructor, Lee County Master Gardener and Certified Seed Saver with Seed Savers Exchange.

- Matt Smith. Learning takes flight as the Audubon Center for Birds of Prey travels to Harns Marsh to present live raptor ambassadors. Four non-releasable birds of prey, including a Bald eagle, provide an up close and meaningful encounter with some of Florida's top predators. Participants will discover the extraordinary senses and physical adaptations that make these birds masters of the sky.

"We receive positive feedback from event surveys each year and helps grow our ability to showcase the great work of local environmental and community groups," said Ken Thompson, vice chairman of the LA-MSID board of commissioners. "For our fifth annual event, we have ramped up the educational offerings and activities and look forward to the continued participation of Lehigh Acres residents and businesses."

The event is made possible by the generous support of Mosaic, The News-Press Media Group, AIM Engineering and Surveying, Inc., Public Risk Insurance Agency, Preferred Community Bank, Brian and Barbara Cottrell, Charlotte Harbor National Estuary Program, Audubon Society of Southwest Florida, Coldwell Banker Preferred Properties and the Holiday Inn Express at the Forum.

For more information, visit www.wingsoverwaterfestival.com.✱



Sandhill cranes taking a morning stroll at the 2015 WOW Festival

Free Guided Walk At Preserve

A volunteer naturalist will lead a one-mile nature walk at Caloosahatchee Creeks Preserve East on Saturday, Jan. 9 at 9 a.m.

The walk will be on an ADA-compliant boardwalk that takes participants through wetlands, oak hammocks and pine flatwoods.

Restrooms and picnic shelters are available at this Conservation 20/20 preserve. Participants will meet in the parking lot at 10130 Bayshore Road, directly across the road from ECHO.

No reservations are required and no pets are allowed on this walk. Dress for the weather. Hats, binoculars, camera, bug spray, water and sturdy, closed-toed



Hikers check out ferns from the Caloosahatchee Creek Preserve boardwalk

shoes are recommended. Call 707-0862 for additional information.✱

Plant Smart

Blue Daze

by Gerri Reaves

Blue daze (*Evolvulus glomeratus*) is a popular small evergreen shrub native to Brazil and Paraguay. A profuse flowerer, it grows to about a foot tall with a spread of about two to three feet.

The oval silvery green leaves are only about a half-inch wide and an inch long. Both the fine-textured leaves and woody stems are downy and felt-like and form dense foliage.

The single lavender or blue flowers at the stem ends inspire the common name. Five-petaled, white-throated, and funnel-shaped, they measure about an inch across. Like many other species in the morning glory family, blue daze produces flowers that live for only a day.

The plant's year-round pretty flowers, love of heat, and ability to grow in full sun and nutrient-poor soil have made it a popular ornamental.

It is salt tolerant and therefore suitable for a coastal landscape. It must have good drainage because of susceptibilities to root rot and fungus.

Blue daze is most commonly used as a groundcover or border, but the cascading stems make it a pretty hanging basket or container plant.

Propagate it with cuttings or seeds, or just let it spread on its own.

If the color blue is a priority in your choice of plants, consider going native and increasing the benefit to wildlife. Blue porterweed (*Stachytarpheta jamaicensis*) attracts hummingbirds and a variety of butterflies and is also the larval host for the tropical buckeye butterfly.

Blue mistflower's (*Conoclinium coelestinum*) feathery flowers are a nectar source for native butterflies, including the zebra longwing.

Blue jacquemontia vine (*Jacquemontia pentanthos*), an endangered species in the State of Florida, and narrowleaf blue-eyed grass (*Sisyrinchium angustifolium*) are also nectar plants for butterflies.

Sources: *Florida, My Eden* by Frederic B. Stresau; floridata.com; and ifas.ufl.edu.

*Plant Smart explores the diverse flora of South Florida.**



Non-native blue daze has become a popular groundcover in the last few decades

photo by Gerri Reaves

Rachel Carson Distinguished Lecture Speaker



Alison Hawthorne Deming, poet and essayist, will be the featured speaker at the Rachel Carson Distinguished Lecture

submitted by Kevin Bedson

The Center for Environmental and Sustainability Education has announced that poet and essayist Alison Hawthorne Deming will be presenting the 2016 Rachel Carson Distinguished Lecture. The lecture, entitled *Zoologies: Climate Change and the Spiritual Force of Animals*, will be held on Friday, February 26, at 7 p.m.

at St. Michael and All Angels Church on Sanibel.

Deming will explore the mystery and wonder of our shared early experience with animals and illustrates how much animals have contributed to the development of the human psyche in *Zoologies: On Animals and the Human Spirit*, her latest book.

She will elaborate on themes from her book and will examine what animals meant to early humans and what they mean to the contemporary imagination. In *Zoologies*, Deming writes, "Animals surrounded our ancestors. Animals were their food, clothes, adversaries, companions, jokes, artistic inspiration and their gods." She wants readers to know that today however, we have a very different relationship to animals than our ancestors did.

"In this age of mass extinction and the industrialization of life, it is difficult to touch the skin of this long and deep companionship." Deming's talk will illuminate why we must understand this deep kinship with our fellow creatures and why this understanding may just be the inspiration we need to renew hope and faith as we rise to the challenge of climate change.

In 2014, Alison Hawthorne Deming was appointed to the Agnese Nelms Haury Chair in Environment and Social Justice at the University of Arizona. She is the author of *Science and Other Poems*, and winner of the Walt Whitman Award of the Academy of American Poets for *The Monarchs: A Poem Sequence, Genius Loci and Rope*. Her nonfiction books include *Temporary Homelands*, *The Edges of the Civilized World*, which was a finalist for the PEN Center West Award, and

Writing the Sacred Into the Real.

In 2016 Deming will be releasing two new books of poetry, *Stairway to Heaven* and *Death Valley: Painted Light* with photographer Stephen Strom.

Rachel Carson's work is the inspiration for the Center for Environmental and Sustainability Education. The lecture has been named in her honor since the center was established in 2004. Carson's contributions, most relevant to the mission of the center, are public policy based on sound science and ethics, active participation of an ecologically literate citizenry, and appreciation of the natural world through the literary arts and environmental education.

The 2016 Rachel Carson Distinguished Lecture is free and open to the public. For more information visit www.fgcu.edu/cese/ or contact thecenter@fgcu.edu or phone 590-7025.*

Pet Adoption Discounts

Millions of new year's resolutions are made every January. Lee County Domestic Animal Services invites Southwest Florida residents to make pets a part of their new year's plan and consider that a new pet can help you achieve many of the most popular resolutions made each year. During Animal Services' Yappy New Year Adoption Promotion, adopters can take home any pet for just \$30; regular fees are up to \$95.

Consider the many ways pets can improve your life.

- Get Fit/Lose Weight/Be Healthy

– In 2016, you can make this resolution finally stick by adopting a dog as a work out partner. Many dogs at the shelter are waiting for new owners that want to walk, jog, or run every day.

- Reduce Stress – There's no better stress reducer than the companionship of a devoted pet. Research has shown that contact with animals has many health benefits.

- Spend More Time with Friends and Family – Pets are an excellent way to bring families together and dog walking is a great way to meet new people.

- Help Others – By adopting you won't just be helping, you'll be saving a life. Most pet owners report that they actually benefit more from the relationship than their pet.

- Enjoy Life More – With all the benefits of pet adoption, this one is a no-brainer!

The adoption fee includes spay or neuter surgery, age-appropriate vaccinations, de-worming, flea treatment, heartworm test for dogs six months and older, feline aids and leukemia test for cats, Lee County pet license for pets three months and older, microchip ID, and a 10-day health guarantee. The adoption package is a \$500 value.

For more information about Lee County Domestic Animal Services' pets for adoption, go to www.LeeLostPets.com or call 533-7387 (LEE-PETS). You may also submit an adoption application online. Adoption hours are Monday through Saturday from 10:30 a.m. to 3:30 p.m. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.*



Painting by artist Joel Loeper

Wildlife Artist Exhibiting Paintings At Broadway Palm Dinner Theatre

Award-winning wildlife artist Joel Loeper is exhibiting more than 60 oil paintings spanning 30 years at the Broadway Palm Dinner Theatre during *Show Boat* now through February 14. The theater is located at 1380 Colonial Boulevard in Fort Myers. Visit broadwaypalm.com for more information.

A former Naval intelligence gatherer, Joel Loeper used the old G.I. bill at the University of South Florida to receive his degree in fine arts. The oil paintings on display at Broadway Palm includes portraits of his hero Vincent van Gogh, endangered

animals, seascapes and landscapes. The subject matter includes manatees, roseate spoonbills, snook, tigers, a gorilla and clownfish. More information about the artist may be seen online at wildlifepottery.com.✱

Stories For Adults Comes To The Lab Theater

As part of the Laboratory Theater of Florida's Speaker Series, Sidney Simon of Sanibel Island takes the stage. *Stories For Adults* is based on his popular monthly series with the Sanibel Public Library, First Friday Stories For Grownups. He will make a highly anticipated appearance at the Lab Theater on Monday, January 11 at 7 p.m. Information is available by calling the box office at 218-0481. Tickets are \$5 at the door, or free to season ticket holders.

The featured story-teller of *Stories For Adults* is Dr. Sidney B. Simon, Professor Emeritus from the University of Massachusetts, and an internationally known authority in Psychological Education. Author or co-author of 15 books in the areas of values clarification, getting "unstuck" and forgiveness, Simon has also written two books for children,

penned for his own when they were little. W.W. Norton published them in the late 1960s.

Simon has appeared on various talk show programs, including *The Oprah Winfrey Show* and *The Phil Donahue Show*. He tells good stories, ones that are witty and wise, but he also has the knack for drawing stories from people in the audience. That's half the fun and half the program. Come to listen, or see if Simon's stories trigger one from your own life.

Simon's stories aren't fairy tales. No princesses appear, and frogs don't talk. His stories are often right out of his own life. Stories about growing older in Florida, about parenting, grand-parenting, memories of great teachers and stories about what life has to teach us. Audiences are advised to arrive early, as his events fill a house quickly.

Stories For Adults with Sidney Simon will be held at the Laboratory Theater, 1634 Woodford Avenue in the Fort Myers River District. Doors open at 6:30 p.m. Tickets are available at the door only. Tickets are \$5; season ticket holders admitted free. Seating is limited.✱

Our email address is press@riverweekly.com

Something Special At Broadway Palm

by Di Saggau



Amagnificent revival of Jerome Kern and Oscar Hammerstein's *Show Boat* is now showing at Broadway Palm. From start to finish, this musical is something special.

It's a riveting slice of the south with spectacular vocals and choreography.

First performed in 1927, *Show Boat* raised racial and social issues never before thought possible in a Broadway musical. Hammerstein meant to shock the audience in 1927, but this *Show Boat* won't shock; it will entertain in the way a superb cast of mixed theatrical actors play off each other.

The musical is based on Edna Ferber's novel about life on the *Cotton Blossom*, a Mississippi showboat in the late 1880s in a troubling south. The musical spans several decades as it follows the lives, loves and heartbreaks of three generations of riverboat performers.

The singing is exquisite. Joe (Keith McCoy) sings the most famous song *Ol'*

Man River and the result is magnificent. Julie (Kira Galindo), who is forced to end her career on the boat because of her mixed race, and thus is guilty of inter racial marriage, delivers a gorgeous rendition of the musical's second big musical moment, *Can't Help Lovin' Dat Man*.

Kern's score is sublime. The Captain's daughter Magnolia (Kayleen Seidl) and gambler Gaylord (Jesse Dalton) have voices that blend together beautifully, reminiscent of Kathryn Grayson and Howard Keel's singing in the 1951 movie. You'll be blown away by their *You Are Love* and by Seidl's *After The Ball*. Queenie (Shuga Henry) sings *Mis'ry's Comin' Aroun'* with a sadness as old and deep as the river itself. Captain Andy (Paul Crane) delivers some terrific character work as he squabbles with his hilariously shrill wife Parthy (ML Graham). Ellie (Sarah Cammarata), along with Frank (Tyler Brown), inject plenty of wit and talent as a couple of showbiz wannabes. Their *Goodbye My Lady Love* is another standout performance.

The chorus is first rate and the choreography is dazzling. I think you know by now that I totally loved this show. As it ends, you are left feeling emotional and on an absolute high.

Show Boat runs through February 14 at Broadway Palm, Southwest Florida's Premiere Dinner Theatre. Tickets are available by calling 278-4422, online at www.BroadwayPalm.com or at the box office, located at 1380 Colonial Boulevard in Fort Myers.✱



Show Boat is playing at Broadway Palm Dinner Theater through February 14



Broadway Palm's cast of *Show Boat*

The Screaming Orphans Returning To Alliance For The Arts January 30



The Screaming Orphans

The Rotary Club of Fort Myers is bringing The Screaming Orphans back to Fort Myers on Saturday, January 30 for an outdoor concert at the Alliance for the Arts. Comprised of four sisters from Ireland, The Screaming Orphans are known for their high-energy music that blends pop rock with traditional Irish music. The concert benefits the Rotary Trust Fund.

"There is a great tradition of music to be found in Irish homes especially in the Gaeltacht or Irish-speaking areas which have produced the likes of Clannad, Enya and Mairead, Micheal and Triona Ni Dhomhnaill. Our home was no exception. From we were young, we've been singing and playing traditional Irish music but when we hit our teenage years we knew it was time to start our own pop rock band."

Gates for the outdoor concert open at 6 p.m. Kilt The Messenger performs at 6:30 p.m. There will be a special performance by Abby Fletcher before The Screaming Orphans take the stage at 7:30 p.m.

Early-sale tickets are \$25; tickets are \$35 after January 1. A tent, table for eight including wine and family-style barbecue is available for \$1,500. Kids under 12 are free with an adult. Lawn chairs and blankets are encouraged. No coolers, please.

The concert is presented by The Rotary Club of Fort Myers and sponsored by The Dorsey Law Firm. Purchase tickets online at ArtInLee.org/Rotary or by calling

939-2787.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.✱

From page 3

American Legion

played from 6:30 to 9:30 p.m. The dinner menu is to be determined.

On Thursday, January 14, SAL baby back ribs dinner will be served. The Classics play from 6 to 9 p.m.

Dinner is served nightly from 5 to 7 p.m.

The American Legion Melvin Cowart Post 274 is located at 899 Buttonwood Drive in Fort Myers Beach. For more information, call 463-6591.✱

Gulf Coast Writers Meet January 16

Jennifer Fitzgerald will talk on the topic How Wordpress Works And How To Set Up Your Own Author Site at the January 16 meeting of the Gulf Coast Writers Association.

The meeting will run from 10 a.m. to noon at Zion Lutheran Church, 7401 Winkler Road, Fort Myers.

Fitzgerald received an AS degree in web design and development in 2008 from Southwest Florida College. She earned a BA in small business administration from St. Leo University as well as an AA in dive business technologies from Florida Keys College. She uses her design talents these days for designing book covers, although the occasional author website gets thrown into the mix.

She is webmaster for the Gulf Coast Writers Association and an author. She published her first book, *Judge a Book by Its Cover*, in 2012. Her latest, *Book Design-7 Simple Steps to Design eBook Covers That Sell*, published in 2015, showcases her formatting and design talents with a full-color interior.

She is the owner of Spider Books Publishing and is currently working with a group of people to develop an online university for independent authors, scheduled to launch mid-2016. Sign up to get notification of the launch by visiting <http://IndiePublisherUniversity.com>.

The meeting is free for members and first time visitors and \$5 for guests.

Gulf Coast Writers Association can be reached at www.gulfwriters.org or 247-4515.✱



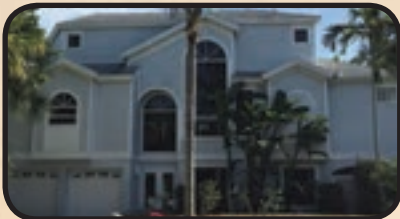
Jennifer Fitzgerald



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The Oasis Symphony Singers

Symphony Pops Concert Features Children's Chorus

The Southwest Florida Symphony presents the first Pops Concert of its 55th season titled *It's a Grand*

Night for Rodgers & Hammerstein, on Friday, January 8 and Saturday, January 9.

In addition to featuring special guest conductor Maestro Daniel Meyer, Broadway veteran Lisa Vroman, who most notably starred for several years as Christine Daaé in the Broadway production of *Phantom of the Opera*, the sym-

phony welcomes The Oasis Symphony Singers of Oasis Charter Elementary School. This extra-curricular choral group comprises 3rd, 4th and 5th grade students, directed by the school's music teacher, Sara Myers.

Oasis Charter Schools are located in Cape Coral. The full chorus consists

of 126 singers. They rehearse one or more mornings per week before school starts and perform at school and community events throughout the school year. The group of 30 past and present Oasis singers that will perform with the Southwest Florida Symphony auditioned against their peers to earn the privilege of performing alongside Vroman and the orchestra.

It's a Grand Night for Rodgers & Hammerstein tells the all-American classic success story: two boys from New York, Richard Rodgers and Oscar Hammerstein, meet at Columbia University and go on to change the history of the American Musical during their 16-year collaboration. This concert features music from *Oklahoma*, *South Pacific* and *The Sound of Music* among other timeless Broadway treasures.

Tickets range from \$24 to \$84 and may be purchased at the Southwest Florida Symphony Box Office by calling 418-1500 or visiting in person, online at www.swflso.org and at all performance venues.✱

Hollow Earth Cult Of Southwest Florida Illuminated In New Book

At the turn of the 20th century, a cult known as the Koreshans built a communal utopia in Southwest Florida. Believing in a hollow earth, with humans living on the inside crust and the entire universe contained within, they trusted they would become immortal by devoting themselves to their leader, the self-proclaimed prophet Cyrus Teed.

Their story unfolds in *The Allure of Immortality* by journalist Lyn Millner, who will speak at the Koreshan State Historic Site and other venues this month.

"In an utterly riveting, brilliantly written and strangely moving piece of historical fiction, Millner has resurrected the lost history of a cult devoted to a utopian vision," says Steve Almond, author of *Candyfreak: A Journey through the Chocolate Underbelly of America*. The Koreshans left behind jobs, sold businesses and even deserted their families to follow Teed out of Chicago and into Estero, then a mosquito-infested land laden with alligators and snakes, and susceptible to fires and hurricanes. But they had hope, for Teed proclaimed an angel had chosen him to redeem humanity. He promised that those who focused their love on him would live forever upon his own reincarnation.

Was Teed a visionary or villain, savior or two-bit charlatan? Why did his theory of "cellular cosmogony" persuade so many? Millner, who has written and produced stories for NPR's *Morning Edition*, *The New York Times*, *USA Today* and others, explores these questions in her vivid account.

Millner will celebrate the publication of her book with a reading and signing at the Koreshan State Historic Site, 3800 Corkscrew Rd., Estero, on January 16 from 11 a.m. until noon. The park's typical admission fees of \$5 per vehicle of 2 to 8 guests and \$4 per single-occupant vehicle will apply.

Millner will also present her book at the meeting of the Southwest Florida Historical Society on January 14 at 7 p.m. at the Southwest Florida Museum of History, 2031 Jackson St., Fort Myers. On January 15 at 7 p.m., she will speak as part of the Bonita Springs Historical Society Speaker Series at the Bonita Springs Lions Club, 10322 Pennsylvania Avenue, Bonita Springs.

The 360-page book is published by University Press of Florida.✱

Share your community news with us.
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or email press@riverweekly.com



Shell Inkwell by Linda Benson

Benson's Shell Shocked Exhibit

Be prepared to be Shell Shocked by Linda Benson as she starts-off the new year with a big bang. As a local resident artist and volunteer at Arts for ACT Gallery, Benson has been inspired to have her new exhibition of beautifully painted seashells she has found here in paradise. Watercolors bring out the details in the shells.

These oversized giant sea shells make a statement and reflect the environment here in Southwest Florida. Benson paints on her vintage studio boat, *Artist Xpress*, and teaches painting on Sanibel at BIG ARTS, The Sanctuary and in downtown Fort Myers at the Arts for ACT Gallery & Studio.

Arts for ACT Gallery is located at 2265 First Street in downtown Fort Myers. Call 337-5050 or visit www.artsforactgallery.com for more information.✱



Artwork by Linda Benson



Canines and owners alike make new friends aboard Pure Florida's Bark on the Ark cruises.

From page 1

Boat Ride For Dogs

Passengers can take a peaceful cruise along the Caloosahatchee followed by a playful time on the island, socializing with man's best friend. During the excursion, dogs and owners can run, swim and play catch while enjoying the sunshine, water, sand and fresh air.

Water, Frisbees and dog treats are included for the canines.

Human treats, such as soda, wine and beer, will also be available for purchase. The M/V Edison Explorer departs from The Marina at Edison Ford, located at 2360 W. First St. in Fort Myers.

Registration for the tour is \$44 per human. Reservations are required as room



Pets will enjoy a peaceful cruise on the Caloosahatchee River with Pure Florida's Bark on the Ark.

is limited to 25 passengers and their pets. All dogs that can follow basic commands are welcome. For more information or to book your ticket, call 239-919-2965, email FortMyers@PureFL.com or visit the website at www.PureFL.com.✱



Man's best friend enjoy the waters of Picnic Island during Pure Florida's Bark on the Ark excursions.

Art Association's Two New Shows

The Fort Myers Beach Art Association will open two new shows beginning on January 9.

In studio I, Just Beachy will feature two dimensional paintings including drawings, watercolor, oils, acrylic, pastel, collage, hand pulled prints, serigraphs, woodcuts, batik, photography and sculpture.

Studio II opens a new show featuring works created by the "experimentalists" group that meets most Tuesday mornings.

An open house will be held on January 15 from 9 a.m. to noon. The public is invited to visit with the artists, learn more about the group and see the Creative Expressions Display of additional forms of art done by members. New small paintings donated by the members will be on sale.

Refreshments will be served and guests are welcome. There is no charge for this event. Attendees will be able to talk to artists from each of the special painting groups: outdoor (plein air) painters, indoor painters, experimentalists and portrait and figure painters to see if they wish to join.

Information on workshops, classes, special short workshops given by members and all the art association events will be available.

FMBAA is a working gallery located on the corner of Donora and Shell Mound boulevards, Fort Myers Beach. It has been in existence for 64 years.

Hours are Monday to Saturday, 10 a.m. to 3 p.m. and Sunday, noon to 3 p.m.

For more information on shows or classes, call the gallery at 463-3909 or visit www.fortmyersbeachart.com.✱



Quake by Michele Buelow

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ENGEL & VÖLKERS

Tiger Turns 40. Will He Play Here In 10 Years On Champions Tour?



by Ed Frank

Next month, many of the top senior golfers in the world return to Southwest Florida to compete in the Ace Group Classic, the 28th consecutive year for this Champions Tour event.

With Tiger Woods turning 40 years old last month, do you realize that he could be competing here in only 10 years?

Woods at 40 is difficult for many of us to believe as it seems like yesterday when he turned professional at the age of 19 and dominated the game for nearly two decades. But that was yesterday, and when he celebrated his 40th birthday on December 30, the obvious question is what lies ahead for unquestionably one of

the greatest golfers in history.

His impact on the game turned it into a billion dollar empire. And the youngsters headlining golf today, Jordan Spieth, Jason Day and Rory McIlroy, will be the first to tell you that Woods inspired all of them – and still does today.

Just 18 months ago, Woods was ranked No. 1 in the world. He ended 2015 ranked 416. That's how fast he has fallen.

In a recent interview with ESPN, Woods, who has undergone three back procedures in the last 18 months, was asked about his future on the links.

"If I can't prepare, I'm not going to play," he said. "I won't be ready to play and win. Whatever that level is, Champions Tour or regular tour, that's irrelevant. It's whether I'm ready to play, compete and win. If I can't do that I won't play."

Many believe that he rushed back on the course too quickly after each back operation rather than allowing his body to heal. However, he played in only 11 official events last year, missing the cut four times, including three majors. His best finish was a tie for 10th place in the Wyndham Championship in August.

Recognizing his fierce competitive nature, we shouldn't be too quick to dismiss Woods as an athlete of the past. There are several golfers in their 40s who continue to compete at high levels, Phil Michelson, Ernie Els, Jim Furyk and Steve Stricker, to name just a few.

With the winner of 14 majors, second highest in history, it's doubtful, however, that Woods will match or top the magic number of 18 major championships won by Jack Nicklaus.

No player in modern golf history has won four majors after turning 40. His 79 wins on the PGA tour also is second to Sam Snead's 82. And that is a record he has a better chance to break. Snead didn't win his 80th title until he was 47 years old.

Woods' influence on golf has been tremendous despite the travails in his personal life. Television ratings, purses, interest among fans, record tournament crowds – all



Tiger Woods

photo by Getty Images

surged as a result of his phenomenal play.

If he feels he can no longer compete at a winning level, he said he will keep busy with his golf course design business, his foundation, his children and other off-the-course endeavors.

Whether he plays another round of competitive golf or not, his legacy is secure, having written an important chapter in the history of the grand old game.

Everblades Continue to Dominate

The Florida Everblades hockey team started the week with a 23-11 season record, the best record in the Eastern Conference of the ECHL. Only the Missouri Mavericks in the Western Conference, with a 26-3 record, are better in the 28-team league.

The local hockey team had won five of its last seven games before departing on a three-game road trip to Greenville this week.

The Everblades return home to Germain Arena next Wednesday for a six-game home stand, three against Brampton, a single game with Orlando and two against Greenville.*

Motorcycle Run To Benefit ACT

Barclay's Real Estate Group, a Fort Myers-based real estate service company, has announced a new partnership with Abuse Counseling and Treatment, Inc. (ACT), as well as a Motorcycle Run that will take place on Saturday, January 9. Proceeds will be dedicated to helping survivors of domestic violence, sexual assault and

human trafficking throughout Lee, Hendry, and Glades counties receive critical services, including emergency "safe" housing and counseling.

It will also be an opportunity for the community to gather at local restaurants, including Ford's Garage in Cape Coral and Fort Myers and the Red Wolf Tavern in Port Charlotte. Registration is \$25 per bike and begins at 11 a.m. at Ford's Garage, 1710 Cape Coral Parkway, Cape Coral. Participants will receive a gift bag courtesy of the event sponsors, which include Red Wolf Tavern, Ford's Garage, Entitled, LLC, Community Lending and Marine Team Moving.

"Whether you ride, attend the post-run get-together at Ford's Garage or contribute through a donation, you can be a part of an exciting event that benefits your community and you," said Jennifer Kalbach, realtor and sales manager with Barclay's Real Estate Group, as well as the event organizer.

"We are honored to support ACT's tireless 24/7 efforts in our community, which provide protection and dire resources to help abused women, men, and children recover from violence, rebuild self-esteem, and take steps towards an independent life," said Bert Parsley, broker with Barclay's Real Estate Group, who will also be the motorcycle run captain.

For more information or to register for the run, contact Jennifer Kalbach at (630) 347-4113.*

HORTOONS



School Smart



by Shelley M. Gregg, NCSPP

Dear Readers

On January 11, a wonderful new resource for children and families experiencing loss and grief will be available in our area.

This new resource is a facility called Valerie's House and it is a center where children and their families will be able to process a recent or new loss in their lives with trained and caring mental health personnel. The mission of Valerie's House is "to help children and families work through the loss of a loved one together and go on to live fulfilling lives. Their vision is that no child will grieve alone."

When I read about the opening of Valerie's House, I called Angela Melvin, its founder, for an interview. She generously agreed to one and also gave me a tour of the facility, which is located in a very inviting (donated) home in a residential neighborhood in Fort Myers. In fact, individuals and community groups donate everything in the home, including furniture, household supplies and even all

support items.

Angela's mother a nurse and mom of two was killed in a car accident in 1987. Angela and her family had almost no resources at that time to help them get through their grief. And even now in 2016, grief support resources are few. Thus Angela was inspired to bring this mission to grieving children and their families in Southwest Florida and Valerie's House was created. It is named after her mother, Valerie Melvin.

Valerie's House is a non-profit organization and services are free of charge. Valerie's House programs are designed to give children and families a safe place to share, grieve and grow. It's modeled after the nationally recognized and acclaimed Doughy Center for Grieving Children & Families.

Valerie's House will begin their services with support groups that meet bi-weekly. All sessions begin with a potluck dinner. Appropriate age based groups of up to ten children will be formed. While the children are in session, the parent or caregiver of every child will also participate in a support session separately from their child.

Initially children are greeted by a staff member and given an opportunity to choose a Teddy bear that they may keep permanently. Children are not required to speak during a session until they are ready to share and there are no specific

demands made of the them except to be courteous to their peers in group. The goal of the grief process is that children will learn that they will be "OK" despite the losses they have suffered.

Valerie's House has received endorsements from many agencies in the area including the Children's Advocacy Center and both Lee and Collier County School Systems. Referrals will come from these sources as well as other social service groups. Parents may also refer their own children.

Valerie's House has a Facebook page where you can see a picture of the house and read comments. There is also a much more detailed and complete website - www.valereshouseswfl.org - where you can learn much more about the organization and find a referral form. Please visit both of these sites to learn more.

One in seven Americans suffers the loss of a parent or sibling before the age of 20.

*Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.**

Alliance Has New Development Director



Jessica Clark

The Alliance for the Arts has named Jessica Clark as its development director. Clark has more than a decade of experience in fundraising for political campaigns and non-profits. A native of Fort Myers, she has spent her career helping causes find the resources they need to be successful.

"It's a pleasure to be back in Fort Myers and working in the nonprofit arts sector. I look forward to adding to the growth that the alliance has experienced over the past five years," she said.

Executive Director Lydia Black, says Clark comes to the alliance with a wealth of experience and knowledge of our local community. "We are pleased to have someone with development experience, strong community relationships and enthusiasm for the arts to lead our fundraising efforts."

The Alliance for the Arts supports artists and arts organizations in the area as the state designated Local Arts Agency for Lee County.*

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Financial Focus

Tax Diversification For Retirement Income



by Jennifer Basey

You need to save and invest as much as possible to pay for the retirement lifestyle you've envisioned. But your retirement income also depends, to a certain degree, on

how your retirement funds are taxed. And that's why you may be interested in tax diversification.

To understand the concept of tax diversification, you'll need to be familiar with how two of the most important retirement-savings vehicles - an IRA and a 401(k) - are taxed. Essentially, these accounts can be classified as either traditional or Roth.

When you invest in a traditional IRA or 401(k), your contributions may be tax-deductible and your earnings can grow tax deferred. With a Roth IRA or 401(k), your contributions are not deductible, but your distributions can potentially be tax-free, provided you meet certain conditions. (Keep in mind, though, that to contribute to a Roth IRA, you can't exceed designated income limits. Also, not all employers offer the Roth option for 401(k) plans.)

Of course, the words tax free sound

better than tax deferred, so you might think that a Roth option is always going to be preferable. But that's not necessarily the case. If you think your tax bracket will be lower in retirement than when you were working, a traditional IRA or 401(k) might be a better choice, due to the cumulative tax deductions you took at a higher tax rate. But, if your tax bracket will be the same or higher during retirement, then the value of tax-free distributions from a Roth IRA or 401(k) may outweigh the benefits of the tax deductions you'd get from a traditional IRA or 401(k).

So making the choice between traditional and Roth could be tricky. But here's the good news: You don't necessarily have to choose, at least not with your IRA. That's because you may be able to contribute to both a traditional IRA and a Roth IRA, assuming you meet the Roth's income guidelines. This allows you to benefit from both the tax deductions of the traditional IRA and the potential tax-free distributions of the Roth IRA.

And once you retire, this tax diversification can be especially valuable. Why? Because when you have money in different types of accounts, you gain flexibility in how you structure your withdrawals - and this flexibility can help you potentially increase the amount of your after-tax disposable income. If you have a variety of accounts, with different tax treatments, you could decide to first make your required withdrawals (from a traditional IRA and 401(k) or other employer-sponsored plan), followed, in order, by withdrawals from your taxable investment accounts, your tax-deferred accounts and, finally, your tax-free accounts. Keep in mind, though, that you may need to vary

your actual sequence of withdrawals from year to year, depending on your tax situation. For example, it might make sense to change the order of withdrawals, or take withdrawals from multiple accounts, to help reduce taxes and avoid moving into a different tax bracket.

Clearly, tax diversification can be beneficial. So after consulting with your tax and financial advisors, consider ways of allocating your retirement plan contributions to provide the flexibility you need to maximize your income during your retirement years.

Edward Jones, its employees and financial advisors cannot provide tax or legal advice. You should consult your attorney or qualified tax advisor regarding your situation.

*Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.**



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dearRPharmacist

Your Blood Sugar Numbers Don't Matter Much



by Suzy Cohen, RPh

Dear Readers:

When you think of diabetes, either type 1 or 2, the possibility of complications affecting your eyes, heart and kidney come to mind. But you never really think of your

lungs having problems as a result of blood sugar abnormalities. That's unfortunately a little-known fact.

Diabetes (diagnosed or not) spawns a ton of oxidative stress throughout your body. Lung tissue gets affected by poor blood sugar dysregulation and all the free radicals killing the innocent cells just trying to 'breathe,' if you know what I mean.

Lung tissue has an extensive network of blood vessels especially the tiniest ones called capillaries. Capillaries allow blood cells carrying oxygen to march through their vessel walls, but slowly, only cell at a time, kind of like soldiers marching one by one behind each other. Capillaries are the most fragile because they are

so thin. Your lungs are also made up of large amounts of connective tissue. Capillaries get destroyed when excessive glucose molecules attach to them and cause stiffening, so then they can't bend anymore due to the formation of AGE (or Advanced Glycation End) products. A lot of inflammatory cytokines form, too. It's the same case in your eyes, heart, kidneys and nerves; that's why diabetic complications occur.

This leads to swelling and scar tissue which builds up in the air-pockets and airways of your lung tissue. The capillary tissues fill up with inflammatory cells and fibrin. This process depletes your antioxidants like glutathione and SOD. More problems if you have a SNP that slows production of either of those. It gets harder to breathe, you're tired and you develop shortness of breath with little or no exertion. Forget about exercising now. To boot, your new sedentary state causes weight gain and that taxes your heart, increasing cardiovascular complications from diabetes. It can apparently be addressed, if only partially.

In a July 2015 study, researchers tested the lung health of type 2 diabetic rodents demonstrating that if they they gave the critters some chromium, zinc and leucine, the animals' lung health improved, like, a lot! They tried the nutrients separately and in combination. In all scenarios, the antioxidant status improved and lung inflammation reduced. In some cases, it diminished entirely. Chromium, zinc and leucine didn't just reduce blood

sugar, they also protected those fragile capillaries and connective tissue from the cytokine storm while improving anti-oxidant status. In other words, nutrients that reduce complications of diabetes are as important as those that reduce blood sugar.

In November 2015, new research focused on type 1 diabetes and mineral status. Scientists measured blood levels of chromium, zinc, and magnesium and they were reduced in all participants. In fact, the most poorly controlled diabetics seemed to have the worst deficiencies. The research confirms that chromium, zinc and magnesium may be useful for people seeking to reduce complications.

So many of you are focused on the blood sugar number, and you only judge your success by the numbers shown on the glucose machine. But I'm warning you that it's more important to focus on capillaries, connective tissue and inflammation chemicals. We know certain herbs and minerals support healthy nerves, capillaries, eyes, kidneys and airways. This reduces complications.

If you're taking a supplement but not seeing the numbers go down, it may still be working. You'd never even realize it if you're just evaluating your progress with a blood glucose machine.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✽

Free Autism Screening For Young Children

Golisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, offers a free monthly autism spectrum disorder screening for toddlers 18 months to five years of age.

The next screening on the Ronald McDonald Care Mobile will be held on January 15 from 9:30 a.m. to 2 p.m. at the Bonita Springs YMCA located at 27200 Kent Road, Bonita Springs.

It is estimated that one in 68 children is diagnosed with some form of autism spectrum disorder, making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families. They say early intensive behavioral intervention can make

The ASD screening is conducted by the Golisano Children's Hospital of Southwest Florida. The screenings are administered by an advanced registered nurse practitioner, who has extensive training and experience in typical child development and developmental disorders.

A physician referral is not required. To schedule a screening, call 343-6838.✽

PAWS Of Sanibel

Tasman And Kepler



Tasman and Kepler

Meet Tasman and Kepler, two beautiful Sanibel Island kittie brothers. They are almost 8 months old, born in May 2015. They have been neutered and had their shots. They are also both front declawed. They are super sweet and purr all the time. Tasman loves to be held and plays well with puppies. Kepler prefers just to be petted. PAWS is helping to re-home these beautiful boys. If you are interested in one or both of these guys, contact Wendy at 470-1877.✽

Wilson Named Estates Marketing And PR Director

Edison & Ford Winter Estates has promoted Lisa Wilson to marketing and public relations director. In this role, she is responsible for managing all marketing, advertising, event planning and public relations activities and supervising department staff.

Wilson has more than 13 years of marketing and public relations experience, including five at local advertising agencies. She has marketed companies in numerous industries, including education, food manufacturing, government, health care, non-profit, real estate, residential and commercial construction and development, and tourism.

"Lisa is already proving to be a great addition to our team at Edison Ford," said Chris Pendleton, president and CEO.

Originally from Pittsburgh, Pennsylvania, Wilson holds a master of business administration from Point Park University and holds a certificate in social media marketing from Florida Gulf Coast University. She is a member of the



Lisa Wilson

Florida Public Relations Association and has lived in Fort Myers for more than 10 years.

For additional information about the Edison & Ford Winter Estates, call 334-7419 or visit www.EdisonFordWinterEstates.org.✽

Email your editorial copy to: press@riverweekly.com

Public Health Program Earns Prevention Award

A collaborative program started by the Florida Department of Health in Lee County (DOH-Lee) is the recipient of the Lee County Injury Prevention Coalition's (IPC) Injury Prevention Program/Outreach Effort of the Year. Protocol for Assessing Community Excellence in Environmental Health (PACE-EH) was honored for its work in the Tice community to increase safety for walking, neighborhood connections and multi-modal transportation.

"The community has really come together to identify how to create a healthier environment in Tice," said Geordie Smith, PhD, DOH-Lee's PACE-EH coordinator. "Dozens of organizations and individuals are now working in an organized manner and have a plan to improve safety within the Tice community. If implemented, scientific studies show the proposed plan would improve health for residents and visitors."

Scarce pedestrian facilities and the lack of safety devices, among other things, were identified in the Health Impact Assessment (HIA), completed by PACE-EH this year. The HIA was compared to current road plans, the community redevelopment plan and policies. The team is working with policy makers to change policies which could minimize, mitigate or prevent injuries and death in that high pedestrian/bicycle crash area.

The IPC was founded 20 years ago by DOH-Lee, Lee County Emergency Medical Services and Lee County Parks and Recreation. Its positive impact on preventing injuries through education, awareness and training is recognized statewide and nationally.

Other award recipients this year include:

- Cape Coral Bike-Ped – Lee County Injury Prevention Organization of the Year
- Steve Chupack – Lee County Injury Prevention Citizen Volunteer of the Year
- Bo Kagan, MD – Lee County Injury Prevention Professional of the Year
- Lee County EMS/Public Safety – Lee County Injury Prevention Partner of the Year

- Share the Road Team – Lee County Injury Prevention Media Partner of the Year

For more information about IPC, visit www.leecountyinjuryprevention.org. For more information about the department, go to <http://lee.floridahealth.gov>.✱

Doctor and Dietitian

The Amazing Brain



by Ross Hauser, MD and Marion Hauser, MS, RD

We have all heard stories of the brain's astonishing ability to rebound from damage. And stories of those who have lost one sense, only to have other senses be heightened. The brain has an amazing capacity to learn, adapt and grow, and each and every one of us is able to tap in to it. With reports of dementia on the rise, it's important to know and put into practice, ways to decrease the risk.

Neuroplasticity is the brain's ability to create new pathways. The brain does not stop growing, but continues, even as we get older. When we practice old skills or

learn new ones, neural connections are strengthened and created. We can even generate new nerve cells.

Listening to music is a great way to encourage the growth of these pathways because it causes us to engage different areas of the brain. Challenge the brain further by playing a musical instrument (or singing), as this incorporates reading the music, coordinating fine muscle movements and considering intensity, rhythm and volume. We also associate songs and music with memories. Even thinking about a song can elicit emotion.

Aerobic exercise helps with the brain fog that comes with age because it boosts the size of the hippocampus, the part of the brain involved in memory and learning. Avoid being sedentary, as this also remodels the brain, but in a negative way.

Challenging and stimulating the brain encourages growth of these neural connections. So travel somewhere new, listen to a different music style, take a class at the gym that is a bit outside of what you are used to. Find ways to stimulate your amazing brain, keeping it fit and healthy.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✱

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I was interested in meeting our new neighbors. I had heard that he was a successful scientist with a distinguished career. To my surprise his wife was a terrible disappointment.

This is his second marriage after being widowed a number of years. His wife has not gone beyond the eighth grade, was a waitress in a diner, looks and acts like a total slob and has no redeeming assets we can see. They argue constantly, and it is difficult to be in their company.

At neighborhood functions we hate to leave them out but others will not come if they are invited. What should we do?

Andrea

Dear Andrea,

I am constantly amazed at how different one's public face is compared to one's private face. You do not have to be around this couple if they make you uncomfortable. However, I also suggest that you be respectful and not mean to them, nor should you engage in any gossip about them.

Pryce

Dear Andrea,

This woman is this man's wife and they both deserve to be invited to a neighborhood function.

She is what he wanted in a wife and if she makes him happy, it is none of your business.

Have you ever heard of opposites attracting? And they both may thrive on arguing.

I also heard of an attorney who was devastated when his wife was killed. He went to the local diner to eat in the evening and the waitress there was the only one who listened and comforted him during his grieving period. They later married, but unfortunately the marriage did not last, but then second marriages involving older people don't seem to have a very good track record.

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✱

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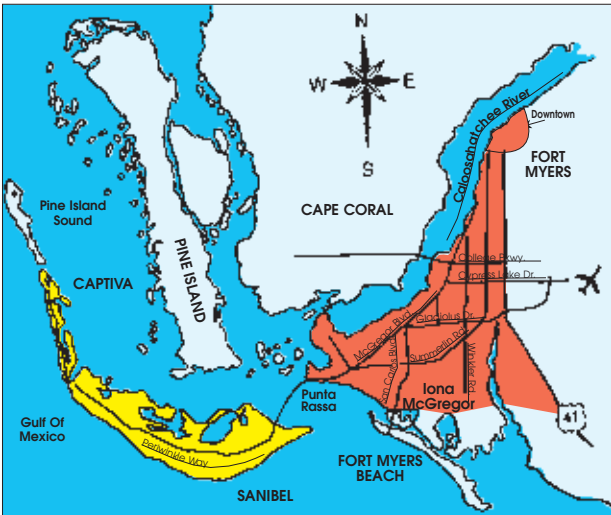
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3. LITERATURE: Who wrote the novel “Where the Red Fern Grows”?
4. LANGUAGE: What does the notation “a.c.” mean when it is written on drug prescriptions?
5. GENERAL KNOWLEDGE: What is a phillumenist?
6. MOVIES: What was the name of the town where “It’s a Wonderful Life” takes place?
7. MEASUREMENTS: How many gallons are in a firkin?
8. TELEVISION: What is Kramer’s first name in the “Seinfeld” comedy series?
9. MATH: Who is known as the father of geometry?
10. MEDICINE: What is the common name for tinea pedis?

ANSWERS

1. The Bronx, the rest are islands. 2. Eight arms and two tentacles. 3. Wilson Rawls. 4. “before meals” or “ante cibum” in Latin. 5. One who collect matchbooks. 6. Bedford Falls. 7. Nine. 8. Cosmo. 9. Euclid. 10. Athlete’s foot.

My Stars ★★★★★

FOR WEEK OF JANUARY 11, 2016

ARIES (March 21 to April 19) Your batteries should be fully recharged by now, making you more than eager to get back into the swing of things full time. Try to stay focused so that you don’t dissipate your energies.

TAURUS (April 20 to May 20) You’re eager to charge straight ahead into your new responsibilities. But you’ll have to paw the ground a little longer, until a surprise complication is worked out.

GEMINI (May 21 to June 20) Rival factions are pressuring you to take a stand favoring one side or the other. But this isn’t the time to play judge. Bow out as gracefully as possible, without committing yourself to any position.

CANCER (June 21 to July 22) Reassure a longtime, trusted confidante that you appreciate his or her words of advice. But at this time, you need to act on what you perceive to be your own sense of self-interest.

LEO (July 23 to August 22) You need to let your warm Leonine heart fire up that new relationship if you hope to see it move from the “just friends” level to one that will be as romantic as you could hope for.

VIRGO (August 23 to September 22) There’s still time to repair a misunderstanding with an honest explanation and a heartfelt apology. The sooner you do, the sooner you can get on with other matters.

LIBRA (September 23 to October 22) Expect a temporary setback as you progress toward your goal. Use this time to re-examine your plans and see where you might need to make some significant changes.

SCORPIO (October 23 to November 21) Some missteps are revealed as the cause of current problems in a personal or professional partnership. Make the necessary adjustments and then move on.

SAGITTARIUS (November 22 to December 21) Jupiter’s influence helps you work through a pesky problem, allowing your naturally jovial attitude to re-emerge stronger than ever. Enjoy your success.

CAPRICORN (December 22 to January 19) Set aside your usual reluctance to change, and consider reassessing your financial situation so that you can build on its strengths and minimize its weaknesses.

AQUARIUS (January 20 to February 18) Some recently acquired information helps open up a dark part of the past. Resolve to put what you’ve learned to good use. Travel plans continue to be favored.

PISCES (February 19 to March 20) Act on your own keen instincts. Your strong Piscean backbone will support you as someone attempts to pressure you into a decision you’re not ready to make.

BORN THIS WEEK: You embody a love for traditional values combined with an appreciation of what’s new and challenging.

THIS WEEK IN HISTORY

- On Jan. 12, 1904, Henry Ford sets a land-speed record of 91.37 mph on the frozen surface of Michigan’s Lake St. Clair. His four-wheel vehicle, dubbed the “999,” had a wooden chassis but no body or hood.

- On Jan. 15, 1919, fiery hot molasses floods the streets of Boston, killing 21 people and injuring scores of others. Some 2.5 million gallons of molasses burst from a huge tank when bolts holding the bottom of the tank exploded, shooting out like bullets.

- On Jan. 11, 1949, in Washington, D.C., the cornerstone is laid at the first mosque of note in the United States. The Islamic Center was built with a 160-foot minaret from which prayers were to be announced.

- On Jan. 17, 1950, in Boston, 11 men steal more than \$2 million from the Brinks Armored Car depot. It was almost the perfect crime. The culprits weren’t caught until January 1956, just days before the statute of limitations for the theft expired.

- On Jan. 14, 1969, an explosion aboard the aircraft carrier USS Enterprise kills 27 people in Pearl Harbor, Hawaii. A rocket accidentally detonated, destroying 15 planes and injuring more than 300 people.

- On Jan. 16, 1979, faced with an army mutiny, Mohammad Reza Shah Pahlavi, leader of Iran since 1941, is forced to flee the country. Fourteen days later, the Ayatollah Khomeini, spiritual leader of the Islamic revolution, returned after 15 years of exile and took control of Iran. In November, Islamic militants stormed the U.S. embassy and took 52 Americans hostage, holding them for 444 days.

- On Jan. 13, 1999, NBA superstar Michael Jordan announces his retirement from professional basketball for the second

time, saying he had lost the drive and desire to continue playing. Jordan originally had announced his retirement in 1993.

STRANGE BUT TRUE

- It was 20th-century American poet, physician, educator, researcher and essayist Lewis Thomas who made the following sage observation: “We haven’t yet learned how to stay human when assembled in masses.”

- Those who study such things say that when Jell-O is hooked up to an EEG machine, the movements registered are almost identical to those produced by the human brain.

- Historians claim that notorious pirate Blackbeard made himself fearsome to enemies by tying lighted fuses into his beard.

- In a survey conducted in five major U.S. cities, men were asked to choose which activity they’d rather do: spend a romantic evening in a hotel with a sexy woman, or go to the Super Bowl. Three-quarters of respondents chose the football game.

- There were no domestic cats in North America until they arrived with voyagers from Europe.

- You’ve probably noticed that St. Pauli Girl beer has on its label the image of a buxom blond beauty. You probably aren’t aware, however, that the beer was named after the St. Pauli neighborhood of Hamburg, Germany -- a notorious red-light district. So while you may think the lovely image is that of a simple serving girl, it’s not out of the question that the lady’s occupation may have been somewhat less savory.

- If you’re planning to wrap a mummy in the proper Egyptian manner, you’ll need about 500 feet of linen to finish the job.

- Parts of Australia have been undergoing an intense drought for more than a decade. The water shortage has been so severe that in 2002, the nation’s environmental minister issued a plea for those in affected areas to shower with a partner in order to conserve the scarce resource.

THOUGHT FOR THE DAY

“The higher we soar, the smaller we appear to those who cannot fly.” -- Friedrich Wilhelm Nietzsche

SPORTS QUIZ

1. When was the last time before 2015 that the Detroit Tigers started a season 6-0?
2. Who had more stolen bases in his career: George Brett or Pete Rose?
3. Name either of the two Ohio State quarterbacks to be picked in the first round of the NFL Draft.
4. Entering this season, who is the Memphis Grizzlies’ leader in career blocked shots?
5. In the 2014-15 season, Carey Price set a Montreal Canadiens record for most wins by a goaltender (44). Whose mark did he break?
6. Montreal’s Didier Drogba in 2015 became the oldest MLS player (37) to record a hat trick. Who had been the oldest?
7. Which horse holds the record for fastest Breeders’ Cup Classic victory?

ANSWERS

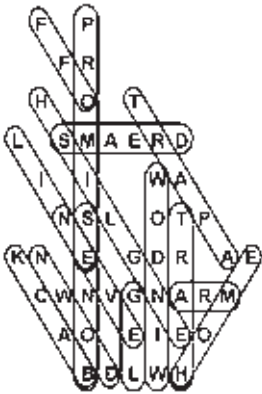
1. It was 1985. 2. Brett had 201 steals in 21 seasons; Rose had 198 in 24 seasons. 3. Don Scott (1941) and Art Schlichter (1982). 4. Pau Gasol, with 877. 5. Jacques Plante (twice) and Ken Dryden each had 42 wins in a season. 6. Marco Di Vaio was 36 when he had a hat trick in 2013 for Montreal. 7. Ghostzapper ran a 1:59.02 in 2004.

PUZZLE ANSWERS

ADSL IASSEL MWIT SALE
BEI INHOME ACHIA ICEP
CLEANDIST NCTION CA
TINEAR ERIN AEONS
HONG ROJND OFAPPLAUSE
ORELSE FROS USEOTO
COMISTR PAMIC FVA
GUSHY BIANKSTARS
DEGAI RTSCAIED BASRA
AVONLEA AHNE IW SH
MEX PLAY NGCARO YEW
TEALS TERIE SPOLSE
BRINE POTHOAST TPKE
BATTLE YES OCHER
CDS PACER ARCHERYBOW
ASSA I RIRI POIYPS
WRONGCONCIUSION AFGW
ATEAT EYED IRONON
TRAC INGSYUCANDRAW
TASK WALDO EIRHANI CID
SPYS ALL STENDTOERS

ADDUP POSSUM
QUARTO AROUSE
UNDIES CAPPER
ATOP SUET ERE
SPITERR
EMS IBID OMAR
MICHELLEOBAMA
TRIO YIPS NIP
SPA TROT
SIS GOYA HOB
ADORED VARLET
GERUND EYELET
ASSETS DEWAR

BROKEN





Pan Roasted Mackerel with Florida Vegetables and Fine Herbs

- 4 to 6 seven-ounce mackerel fillets
- 2 tablespoons olive oil, plus extra for drizzling
- 1 large yellow squash, diced
- 1/2 large red bell pepper, diced
- 1 medium onion, large diced
- 1 large tomato, small diced
- 3 cloves fresh garlic, minced
- 1 lemon, sliced
- 1 teaspoon fresh rosemary, chopped
- 1 teaspoon fresh oregano, chopped
- 1 tablespoon fresh parsley, chopped
- Kosher salt, to taste
- Fresh ground pepper, to taste

Preheat oven to 350 degrees F. Preheat a large oven proof sauté pan over medium high heat. Add 2 tablespoon of olive oil to the pan. Season mackerel fillets lightly with salt and pepper. Add seasoned fillets to heated pan and sear fillets on both sides. Add squash, bell pepper, onion, tomato, eggplant and garlic to pan with fish. Season vegetables with salt and pepper. Sprinkle rosemary and oregano over fish and vegetables.

Place pan in oven uncovered for around 10 to 12 minutes or until fish is cooked throughout and vegetables are crisp tender. Remove from oven and garnish with chopped parsley and a drizzle of olive oil. Serve family style.

Yields four to six servings.*



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HOCUS-FOCUS

BY
HENRY BOLTINGOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS

(Differences: 1. Bench is shorter. 2. Cap is missing. 3. Cap is different. 4. Stick is shorter. 5. Glove is different. 6. Skates are different. 7. Scarf end is missing.)

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Secure

TABLES

Blur

MARES

Forgo

BASTIAN

Prompt

DUNCIE

TODAY'S WORD

answer on page 27

PUZZLE ANSWERS

SUDOKU

2	5	6	7	8	3	4	9	1
9	3	8	1	4	2	5	6	7
4	7	1	9	5	6	3	2	8
5	1	2	6	3	7	8	4	9
7	8	4	5	1	9	6	3	2
6	9	3	8	2	4	1	7	5
1	6	9	3	7	5	2	8	4
8	2	7	4	6	1	9	5	3
3	4	5	2	9	8	7	1	6

SCRAMBLERS

solution

1. Stable; 2. Smear;
3. Abstain; 4. Induce

Today's Word
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*NS 1/8 CC 1/8

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*RS 12/25 CC 2/12

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*NS 1/8 CC 1/15

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*NS 4/24 CC TFN

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*RS 12/4 CC TFN

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*RS 1/4 BM TFN

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*NS 12/11 CC TFN

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*NS 10/16 CC TFN

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*NS 12/18 CC 2/5

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*NS 12/25 CC 1/8

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HELP WANTED

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*NS 1/8 CC 1/15

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The Clinic for the Rehabilitation of Wildlife, Inc. (CROW) is seeking an experienced Development Director with 3 to 5 years experience in non-profit fundraising. Candidates should have a proven track record in managing memberships, grant writing, event planning, donor cultivation, direct mail, and planned giving. Working knowledge of Donor Perfect a plus. Requirements

Bachelors degree, excellent communication skills, strong writing and presentation skills, ability to work collaboratively, comfort interacting with major donors, ability to multi-task and meet deadlines. E-mail cover letter, resume and salary requirements to lestep@crowclinic.org or mail to Dr. Linda Estep, Executive Director, CROW, PO Box 150, Sanibel, FL 33957.
*NS 1/1 CC 1/22

CHILDCARE WORKER NEEDED

Childcare worker needed for special Events at Sanibel Community Church. Nursery age thru 3rd Grade. Part time with hourly compensation. Call Holly 239-472-2684.
*NS 12/25 CC 1/8

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*NS 5/29 CC TFN

HELP WANTED

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*NS 1/8 CC 1/15

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*RS 3/13 CC TFN

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LOST AND FOUND

HELP FIND SOOKIE



A Sanibel family is seeking help in finding their beloved cat, Sookie. The 2-year-old female black cat (with one white toe) is very friendly. She was last seen on December 29 in the Angel Drive/Dixie Beach Boulevard area. If found, please contact Holli Martin at 618-401-0674 or holli@floridamartins.com.
*NS 1/8 NC TFN



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Cycling Safety Notes

- Ride to the right
- Warn to pass
- Wear a helmet
- Use lights at night
- Always be courteous



SANIBEL BICYCLE CLUB

Shore Fishing:



Don't Harm The Fish
by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.
- The less you can touch a fish before release the better for the fish.
- If you want a picture with the fish, support

it as you lift it out of the water – and do it quickly.

- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.
- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Ridge	Bonita Springs	1996	4,643	\$1,295,000	\$1,155,000	339
Sanctuary	Bonita Springs	1997	3,306	\$1,124,500	\$1,124,500	1
Cape Coral	Cape Coral	1987	2,887	\$799,999	\$735,000	7
Cypress Bend	Fort Myers	2014	2,713	\$743,771	\$696,771	577
Longlake	Bonita Springs	2003	2,273	\$695,000	\$660,000	149
Fiddlesticks Country Club	Fort Myers	2006	7,012	\$674,900	\$621,950	163
Town And River	Fort Myers	1961	2,092	\$450,000	\$588,000	16
Cape Coral	Cape Coral	1985	2,028	\$595,000	\$587,000	45
Somerset	Fort Myers	2014	2,554	\$635,000	\$578,000	89
Heritage Palms Estates	Fort Myers	1999	2,760	\$569,900	\$543,500	41

Courtesy of Royal Shell Real Estate

		6	7					1
9	3			4		5		
	7				6		2	
	1			3		8		
7			5					2
		3			4		7	
1				7			8	
	2		4		1	9		
		5			8			6

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27

Pets Of The Week

Hello, my name is Prince. I'm a 3-year-old neutered male American Bulldog. I'm a Prince of dog and just about perfect. I'm a "people dog" who loves getting attention from humans. Just pet me and my tail will wag uncontrollably! I'd come in handy on a cold winter night, snuggling up to you with my super soft white and brown coat. I'm sure to lower your blood pressure and brighten your day. Adoption fee: \$30 (regularly \$75) during Animal Services Yappy New Year Adoption Promotion.



Prince ID# 637323

Hello, my name is Susan. I'm a 2-year-old spayed female black and white domestic short hair. I'm pretty as a picture and promise to light up your New Year. You will find that I strike that perfect balance between adoring lap cat and independent playful feline. Start off your New Year right by adopting two great kitties, since we are two-for-one adoption fee!



Susan ID# 647702

Adoption fee: \$30 (regularly \$50) during Animal Services Yappy New Year Adoption Promotion. For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Emergency.....	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center.....	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce.....	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce.....	931-0931
Post Office.....	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio.....	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall.....	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre.....	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards.....	574-9321

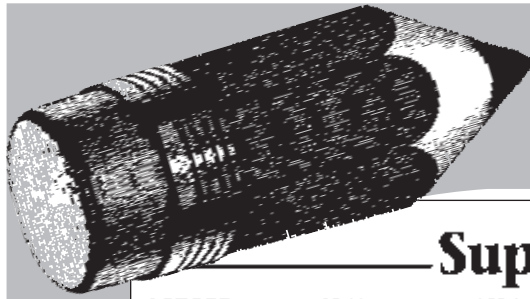
CLUBS & ORGANIZATIONS	
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR.....	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus.....	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists.....	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans.....	332-2408
Southwest Florida Fencing Academy.....	939-1338
Southwest Florida Music Association	561-2118

Kiwanis Clubs:	
Fort Myers Beach.....	765-4254 or 454-8090
Fort Myers Edison	694-1056
Fort Myers South	691-1405
Gateway to the Islands.....	218-5768
Iona-McGregor	482-0869

Lions Clubs:	
Fort Myers Beach.....	463-9738
Fort Myers High Noon	466-4228
Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society.....	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour).....	211 or 433-3900

AREA ATTRACTIONS	
Bailey-Matthews Shell Museum.....	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium.....	275-3435
Edison & Ford Winter Estates	334-3614
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com



BEACH CHAIR PASTIME

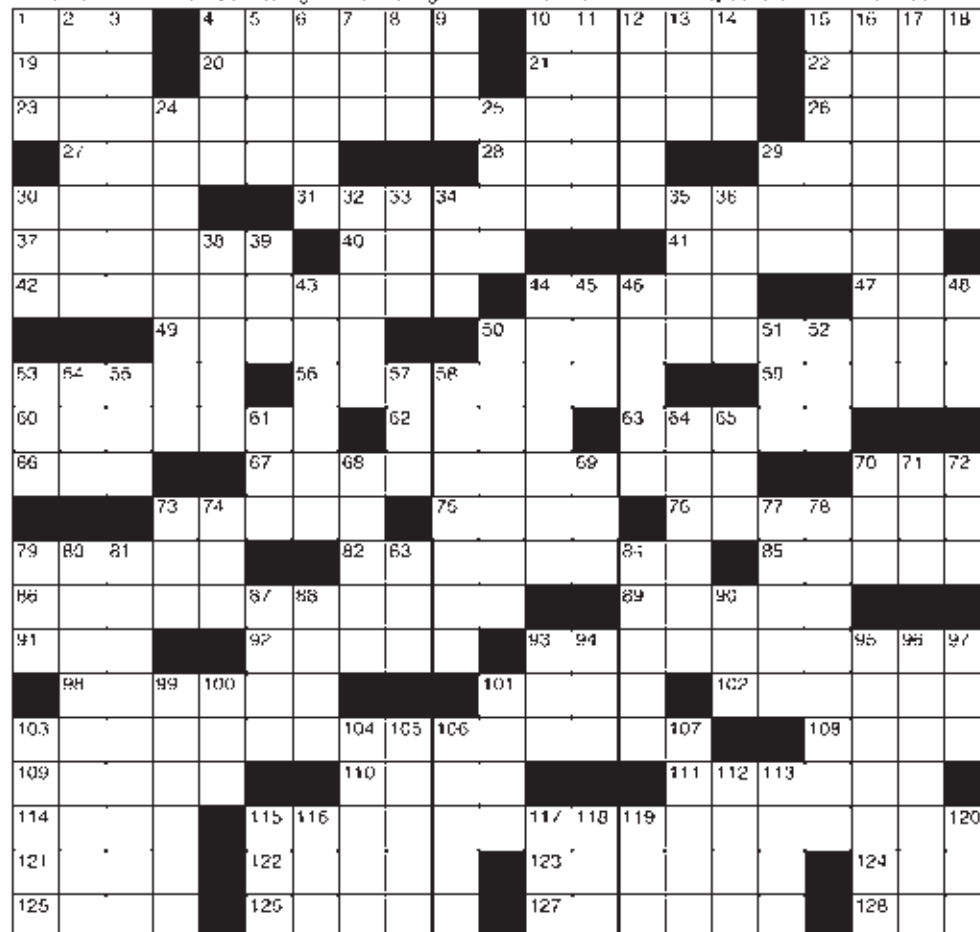
answers on page 25

Super Crossword

A COMMON
THREAD

ACROSS

- 1 Macaron
Ave.
products
4 Stocking-cap
dangler
10 Year the U.S.
declared war
on Iraq
15 Store lure
19 Perfecta, e.g.
20 Residence-
based
21 Vital vessel
22 Pastry
decorator
23 Easily seen
contrast
26 March
Madness
gp.
27 Musical
inaptitude
28 Poet's
Ireland
29 Near-
stermites
30 — Kong
31 Encore
elicitor
37 Ominous last
words
40 Fizzy cos.
for short
41 No longer
fazed by
42 "Blondie" or
"Beetle"
Bailey
44 Italian for
"friends"
47 A Gagarin
sister
49 Very easy, as
a job
50 Accent looks
53 Transferable
design
56 Upsized or
downsized
59 Iraq's only
port city
60 "Anne of
(1909 novel)
62 English
composer
63 "Would that
were true!"
66 Nation south
of the U.S.
67 Luck or king
70 Tree with
red berrylike
fruit
73 River ducks
75 Gam of "Oh,
God!"
76 Adopt
79 Pickle juice
82 Brisket dish
85 To lads.
86 War fronts
89 Pale yellow
91 LPs
92 Indiana
basketballer
93 Weapon
used with a
quiver
98 Lay siege to
101 Nickname of
Israel's
Netanyahu
102 Corals, e.g.
103 Incorrect
interference
108 Not many
109 Heavily voiced
110 Watched
111 Like some
53-Acrosses
114 — II (razor
brand)
115 Theme of
this puzzle
121 Undertaking
122 Emerson's
middle name
123 Off the mark
124 "El —" (1961
epic)
125 1974 CIA
spook film
126 "— right with
the world!"
127 Take care of
128 Hospital
trauma ctrs.
1 Lens used
for close-ups
11 Dominant
theme
12 Sister in
"Three
Sisters"
13 "What am —
think?"
14 WWI creator
Heming
15 Nothing
Compares
2 U singer
O'Connor
16 Provides with
furnishings
17 Sloops
18 Hub off
24 Like many a
British
b shop
25 Beatty and
Romero
29 "Pale" brew
30 Ad —
committee
32 Agatha
Christie's "A
Pocket Full
"
33 Geler of
spoon-
bending
34 Trio after M
35 Hockey disk
36 Frat letters
38 Kind of oar
39 Twisty path
43 Person held
in bondage
44 Quickly, in a
score
45 Alluring West
46 Jaipur locale
48 Tight
drum
50 Flags
51 Conan
O'Brien's
network
52 Ooh and
53 Beaver's
construction
54 Night before
55 Racing boat
steerer
57 Articulate
58 Beastie
61 MPG rating
69 Covert U.S.
org
70 Laugh loudly
71 Siam or
Japan suffix
72 Film director
Craven
73 It blasts
74 Slippery fish
77 Lead-in to
dactyl
78 Nashville
amusement
park of the
1970s-'90s
79 Programme
broadcaster
80 Police setup
to catch
speeders
81 1977 Linda
Ronstadt hit
83 Smackered
84 Prefix with
economic
87 Grand tale
88 French
composer
Edouard
90 Cool, to a
1940s cat
93 Sue
Griffith's "—
for Albi"
94 Baseball stat
95 Via operation
96 Alfresco
97 Nashville to
Memphis dir.
99 Mini-meas
100 G-man, e.g.
101 Good friends
103 Bu b units
104 Playwright
Eugene O'
105 Singer
Lauper
106 Kids' bricks
107 Battery type
112 Angry talk
113 Savvy about
115 It had a hub
at JFK
116 "I'm the
Wild" actor
Holbrook
117 Despite
that
118 Cuprite,
e.g.
119 Tea vessel
120 Dcl.
entries



King Crossword

ACROSS

- 1 Make
sense
6 Death
feigning
critter
12 Book size
13 Str up
14 Briefs, e.g.
15 Clincher
16 On
17 Fat
19 Preceding
20 Skewer
22 Screw up
24 Type
squares
27 Footnote
abbr.
29 The
Tentmaker
32 "American
Grown"
writer
35 Small combo
36 Pound
sounds
37 Pinch
38 Masseuse's
workplace
40 Jog
42 Bro's coun-
terpart
44 "The Naked
Maja"
painter
46 Bum
50 Worshipped
52 Knave
54 Verb acting
as a noun
55 Grommet
56 Liabilities'
opposites
57 Thermos-
like flask
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